

ABOUT US

We are a long-established, family-owned business since 1923, and to this day, we remain a family business, now in its fourth generation. The first 70 years of the MAD journey began in flooring, specifically creating stair underlay for carpets.

Fast forward to the 90s, and we discovered that stair underlay was the ideal material in terms of grip and durability for what a yoga mat needed. Working closely with professionals and the studio sector, our yoga mats quickly became commercially approved Yoga-Mad products, making us the first OEKO-TEX approved yoga mat on the market. This identified a niche in the market, and our strategy expanded from yoga to fitness (Fitness-Mad) and Pilates (Pilates-Mad).

Fast forwarding another 20 years to 2010, Align-Pilates was established. Align-Pilates offers a comprehensive range of commercial Pilates Studio equipment, as well as an innovative selection of home reformers and all the mats, props, and small equipment required for Pilates matwork.

At The Mad Group, we consistently update and seek new innovative products for you and your customers, which we believe is the key ingredient to the success of our brand and company!

CONTENTS





Align-Pilates 40







TOOSOX

58

ToeSox Full-Toe Socks ToeSox Half-Toe Socks ToeSox Legwarmers ToeSox Gloves

59 60

61

61

BASE

Base 33 Grip Socks Base 33 Sports Socks Base 33 Gloves

63 63

VOORAY 64

65

67



Bags



68

Paddles Balls Nets

Badminton

69 70

71



Beach & Garden Racket Games Garden Ninja

73 76

77

78

Sureshot Stealth

79 80









NEW!

WEIGHTS

Whether you're looking to improve your strength or step up your training, we've covered all bases with our extensive range of weights.

NEOPRENE DUMBBELLS

These dumbbells can be used for many different workout styles from aerobics, Pilates, Barre, or physiotherapy and rehabilitation use. They are coated in a soft neoprene which provides great grip so they won't slip as you sweat while also being more comfortable to hold.





CODE	WEIGHT	COLOUR
FDBELL05	2 × 0.5KG	PINK
FDBELLI	2 × 1KG	PURPLE
FDBELLIHALF	2 × 1.5KG	GREEN
FDBELL2	2 × 2KG	BLUE
FDBELL3	2 × 3KG	ORANGE
FDBELL4	2 × 4KG	RED
FDBELL5	2 × 5KG	BLACK
FDBELL6	2 × 6KG	BLACK

PRO HAND WEIGHTS

Fitness-Mad's Pro Handweights with straps are great for muscle toning and conditioning. Ideal for walking, jogging, and aerobics exercises as it features a strap for secure use. Constructed from steel handle with non-slip NBR foam covering.





CODE	WEIGHT	COLOUR	
FDBELLHAND05	2 × 0.5KG	PINK	Ф
FDBELLHAND3Q	2 × 0.75KG	PURPLE	Ф
FDBELLHAND1	2 × 1KG	GREEN	ф
FDBELLHANDIH	2 × 1.5KG	GREY	Ô

RUBBER MEDICINE BALL

The medicine ball is an excellent tool for a complete body workout, especially when combined with a Swiss Ball! Use it to strengthen shoulders, back, arms and legs, or to develop abdominal strength. The medicine ball allows the user to flow and move in a more natural way when compared to a weight machine as they provide weight resistance through a full range of motion.











CODE	WEIGHT	SIZE
FMEDBALLR1	1KG	17.5CM
FMEDBALLR2	2KG	19CM
FMEDBALLR3	3KG	23CM
FMEDBALLR4	4KG	23CM
EMEDRALIDS	SVC	23CM



UPRIGHT MEDICINE BALL RACK

Crafted with durability and convenience in mind, this rack provides a secure and easily accessible home for your medicine balls.





CODE	DIMENSIONS
FMEDBALLRACK10	145CM (H) × 31CM (W) × 31CM (D)

KETTLEBELL

Kettlebell training can deliver an unparalleled, full body workout by increasing strength, endurance, agility and balance - challenging both the muscular and cardio system with dynamic total-body movements.



CODE	WEIGHT	COLOUR	
FKETTLE4	4KG	PINK	
FKETTLE6	6KG	YELLOW	
FKETTLEBLK6	6KG	BLACK	
FKETTLE8	8KG	PURPLE	
FKETTLE10	10KG	RASPBERRY RED	
FKETTLEBLK10	10KG	BLACK	
FKETTLE12	12KG	GREEN	
FKETTLEBLK12	12KG	BLACK	
FKETTLE16	16KG	BLUE	
FKETTLE20	20KG	RED	
FKETTLEBLK20	20KG	BLACK	
FKETTLEBLK24	24KG	BLACK	

DOUBLE GRIP MEDICINE BALL

Offering all the benefits of the standard Medicine Ball, the Double Grip increases control and ability to cope with heavier weight. Despite the handles, the Double Grip remains a perfect sphere and can be inflated or deflated to suit required hardness.





CODE	WEIGHT	SIZE
FMEDDG4	4KG	27.5CM
FMEDDG6	6KG	27.5CM
FMEDDG8	8KG	27.5CM
FMEDDG9	9KG	27.5CM
FMEDDG10	10KG	27.5CM



SLAM BALL

Power up your workout with a Slam Ball! Extremely versatile - use it for HIIT, Boot Camp, Circuits, CrossFit, or as part of your exercise plan. Provides full body conditioning and helps to strengthen the core, increase flexibility as well as coordination.



CODE	WEIGHT	SIZE
FSLAMBALL4	4KG	28CM
FSLAMBALL6	6KG	28CM
FSLAMBALL8	8KG	28CM
FSLAMBALL10	10KG	28CM

WRIST & ANKLE WEIGHTS

Fitness-Mad's pair of wrist and ankle weights feature a unique double fastening system to ensure a snug, friction free fit. There are no buckles to stick in to you and the weight is evenly distributed for maximum comfort. The weights attach easily over wrist or ankle to increase the intensity of your workout routine.



CODE	WEIGHT	
FANKLE1	2 × 0.5KG	^
FANKLE2	2 × 1KG	₾

NEOPRENE WRIST & ANKLE WEIGHTS

This pair of Fitness-Mad Neoprene Wrist and Ankle Weights are ergonomically designed to ensure a comfortable fit while you workout. They help to increase intensity while you're wakling, jogging, or at an aerobics class.



CODE	WEIGHT	
FANKLEB1	2 × 0.5KG	Ĥ
FANKLEB2	2 × 1KG	₾
FANKLEB4	2 × 2KG	Ô

RESISTANCE

RESISTANCE BANDS

Elevate your fitness routine with our latex Resistance Bands. Choose from light, medium, or strong resistance for a customised workout. Compact and easy to store, these bands are your go-to fitness solution for strength training anywhere.







FITNESS (M/A

COLOUR	QUANTITY	RESISTANCE	DETAILS	
RED	1	LIGHT	BAND ONLY	
BLUE	1	MEDIUM	BAND ONLY	
BLACK	1	STRONG	BAND ONLY	
RED	1	LIGHT	WITH USER GUIDE	₾
BLUE	1	MEDIUM	WITH USER GUIDE	Ô
BLACK	1	STRONG	WITH USER GUIDE	₾
RED	10	LIGHT	1 USER GUIDE PER 10	
BLUE	10	MEDIUM	1 USER GUIDE PER 10	
BLACK	10	STRONG	1 USER GUIDE PER 10	
	RED BLUE BLACK RED BLUE BLACK RED BLUE BLACK RED BLUE	RED 1 BLUE 1 BLACK 1 RED 1 BLUE 1 BLUE 1 BLACK 1 RED 10 BLUE 10	RED 1 LIGHT BLUE 1 MEDIUM BLACK 1 STRONG RED 1 LIGHT BLUE 1 MEDIUM BLACK 1 STRONG RED 10 LIGHT BLUE 10 MEDIUM	RED 1 LIGHT BAND ONLY BLUE 1 MEDIUM BAND ONLY BLACK 1 STRONG BAND ONLY RED 1 LIGHT WITH USER GUIDE BLUE 1 MEDIUM WITH USER GUIDE BLACK 1 STRONG WITH USER GUIDE RED 10 LIGHT 1 USER GUIDE PER 10 BLUE 10 MEDIUM 1 USER GUIDE PER 10

RESISTANCE BAND KIT

Fitness-Mad's latex Resistance Gym is small enough to fit in your pocket - a truly portable gym! By combining different bands using the innovative handles you can create seven different levels of resistance, as well as creating loops for leg to leg or tricep exercises.





CODE	COLOUR	QUANTITY	RESISTANCE	
FRESKITB	RED, BLUE & GREEN	SET OF 3	LIGHT, MEDIUM & STRONG	Ô

WHOLESALE RESISTANCE BAND

15M ROLL

Our multi purpose latex exercise bands are more than suitable for a variety of sporting purposes such as Yoga, Pilates, CrossFit, Home Workouts, Rehabilitation and Stretching. 15m roll to enable you to cut to desired length.



CODE	COLOUR	RESISTANCE
FRESBANDL15	RED	LIGHT
FRESBANDM15	BLUE	MEDIUM
FRESBANDS15	BLACK	STRONG



POWER RESISTANCE LOOP

Our Power Resistance Loop bands enable you to workout almost anywhere. The specially designed, heavy-duty, latex resistance bands are perfect for strengthening muscles and core conditioning as well as rehabilitation.



CODE	COLOUR	QUANTITY	RESISTANCE	STRENGTH
FPOWERLXL	RED	1	EXTRA LIGHT	2-16KG
FPOWERLL	BLACK	1	LIGHT	4-23KG
FPOWERLM	LIGHT BLUE	1	MEDIUM	11-36KG 🖺
FPOWERLS	GREEN	1	STRONG	23–54KG 🖺
FPOWERLXS	BLUE	1	EXTRA STRONG	27-68KG
FPOWERSET	BLACK, LIGHT BLUE & GREEN	SET OF 3	LIGHT, MEDIUM & STRONG	4–54KG 🖺

RESISTANCE TUBES

Our Resistance Tubes are made from a multi-stranded rubber core with a protective nylon covering, which prevents the possibility of a sudden tube failure, that can occur with latex tubing. The rubber offers natural and progressive resistance and avoids the possibility of latex allergies.

FITNESS (M/A)





CODE	COLOUR	RESISTANCE	DETAILS	
FTUBE08PLAIN-L	LIGHT BLUE	LIGHT	TUBE ONLY	
FTUBE08PLAIN-M	PINK	MEDIUM	TUBE ONLY	
FTUBE08PLAIN-S	DARK BLUE	STRONG	TUBE ONLY	
FTUBE08L-LR	LIGHT BLUE	LIGHT	WITH USER GUIDE	₾
FTUBE08L-MR	PINK	MEDIUM	WITH USER GUIDE	₾
FTUBE08L-SR	DARK BLUE	STRONG	WITH USER GUIDE	ſΩ

MINI POWER LOOPS

The latex Mini Power Loops can be used for a full body workout; around ankles, thighs, arms, and for adding extra reach if being used for stretching exercises.





CODE	COLOUR	QUANTITY	RESISTANCE	
FPMINIXL	YELLOW	1	EXTRA LIGHT	
FPMINIL	GREEN	1	LIGHT	
FPMINIM	RED	1	MEDIUM	
FPMINIS	BLUE	1	STRONG	
FPMINIXS	BLACK	1	EXTRA STRONG	
FPMINIXL5PK	YELLOW	5	EXTRA LIGHT	
FPMINIL5PK	GREEN	5	LIGHT	
FPMINIM5PK	RED	5	MEDIUM	
FPMINIS5PK	BLUE	5	STRONG	
FPMINIXS5PK	BLACK	5	EXTRA STRONG	
FPMINIXL10PK	YELLOW	10	EXTRA LIGHT	
FPMINIL10PK	GREEN	10	LIGHT	
FPMINIM10PK	RED	10	MEDIUM	
FPMINIS10PK	BLUE	10	STRONG	
FPMINIXS10PK	BLACK	10	EXTRA STRONG	
FPOWERMINI	ONE OF EACH	SET OF 5	ONE OF EACH	₾

SAFETY RESISTANCE TRAINER

These resistance trainers feature a latex tube inside a nylon protection sleeve, which gives protection in case of latex failure. Also includes a door attachment that enables you to turn the Resistance Trainer in to a portable full body workout tool.





NEW!

CODE	COLOUR	RESISTANCE	
CODE	COLOUR		Ф
FTUBESAFEL	GREEN	LEVEL 1/LIGHT	
FTUBESAFEM	BLUE	LEVEL 2/MEDIUM	Ô
FTUBESAFES	RED	LEVEL 3/STRONG	<u> </u>
FTUBESAFEXS	BLACK	LEVEL 4/EXTRA STRONG	₾

FABRIC RESISTANCE LOOP

Our Fabric Resistance Loop 1m is ideal for rehab, strength training, and core conditioning. With its soft non-slip material, it maximises comfort and helps to avoid skin irritation. These loops are lightweight and portable so you can transport it easily in your gym bag.



CODE	COLOUR	RESISTANCE	
FFABRICRLL	TURQUOISE	LIGHT	Ô
FFABRICRLM	GREY	MEDIUM	Ô
FFABRICRLS	BLACK	STRONG	<u> </u>

SQUAT BAND

Squat bands are a great way to build the glute and leg muscles. Activate your muscles as part of a dynamic warm-up, or use for a serious lower body workout by itself or as part of your weight training routine.





CODE	COLOUR	QUANTITY	SIZE
FSQUATBANDS	BLUE	1	S 66CM
FSQUATBANDM	YELLOW	1	м 76СМ
FSQUATBANDL	BLACK	1	L 86CM
FSQUATBANDSET	BLUE, YELLOW & BLACK	SET OF 3	S, M & L





GRIP STRENGTH

Strengthen your grip and develop your forearms with hand grip exercisers from Fitness-Mad.



HAND RESISTANCE LOOPS

The latex hand band is an easy to use finger, hand, and forearm exerciser. Comes in sets including Yellow - Extra Light, Green - Light, Red - Medium, Blue - Strong & Black - Extra Strong.



CODE	QUANTITY	
FHANDLOOP5	SET OF 5	<u> </u>
FHANDLOOP10	SET OF 10	₾

PRO POWER HAND GRIP EXERCISER

Our superior quality Pro Power Hand Grip Exercisers are built for ultimate performance and durability. This hand grip strengthener provides resistance to help develop muscles and improve grip strength by strengthening the forearms, hands, wrists, and fingers.



COLOUR	RESISTANCE	
SILVER	EXTRA-LIGHT	Ô
BLUE	LIGHT	Ô
GREEN	MEDIUM	Ê
PURPLE	STRONG	Ĥ
BLACK	EXTRA-STRONG	<u> </u>
	SILVER BLUE GREEN PURPLE	SILVER EXTRA-LIGHT BLUE LIGHT GREEN MEDIUM PURPLE STRONG

NEW!

TWIST & FLEX

RESISTANCE BAR

The versatile Twist & Flex Resistance Bar alleviates discomfort in the elbow, wrist, forearms, and hand, including conditions like tennis elbow.



CODE	COLOUR	RESISTANCE	
FRESBAR-XL	YELLOW	EXTRA-LIGHT	<u> </u>
FRESBAR-L	GREEN	LIGHT	Ô
FRESBAR-M	RED	MEDIUM	Ô
FRESBAR-S	BLUE	STRONG	₾

STRONG GRIP ELASTOMER HAND EXERCISER

This specially formulated thermo-plastic rubber egg is the modern solution for strengthening wrists, hands, forearms, and fingers as well as increasing hand coordination. Simply squeeze the egg in any plane to target the required muscle.



CODE	COLOUR	RESISTANCE	
FGRIPF-L	PINK	LIGHT	Ĥ
FGRIPF-M	PURPLE	MEDIUM	₾
FGRIPF-S	GREEN	STRONG	Ô

HAND GRIP EXERCISER

Increase your grip strength with this adjustable hand grip exerciser from Fitness-Mad. Dial up the resistance from 10kg to 30kg for a challenging hand and grip workout. Perfect for physiotherapy, rehabilitation, as well as general hand grip strength improvement.



HAND THERAPY BALL

This hand therapy ball set by Fitness-Mad has been designed to help develop muscles and strengthen the forearms, hands, wrists, and fingers as well as increase flexibility and relieve joint pain and stiffness. Set of 3 to choose your level from Light (Blue), Medium (Green), or Strong (Grey).







BODYWEIGHT TRAINING

. Use your own bodyweight as resistance and strengthen your whole body



NORDIC HAMSTRING CURL STRAP

No bench? No gym? On holiday? The Nordic Hamstring Curl Strap is ideal as you can use this strap anywhere you have access to a doorway. Simply slide anchor point under doorway, close (and lock) the door, slide feet under strap, place feet against the door, and start your workout.



CODE

UNIVERSAL TRAINING BAR

The Universal Training Bar by Fitness-Mad allows any room to be turned into a gym! It can be attached to most door frames to perform multi-position pull-ups, chin-ups, and suspended crunches. Placed at the bottom of the door frame the Universal Training Bar acts as a sit-up bar and when placed on the floor it becomes a multi-position push-up bar.



CODE
FPULLUP

ADJUSTABLE DOORWAY GYM BAR

Turn your door frame into a workstation with our deluxe doorway gym bar. Use the bar high in the doorframe for chin-ups, pull-ups, and crunches, or at the bottom of the door frame for sit-ups and an abdominal workout.



CODE

ECHINUP

ANGLED PUSH-UP STANDS

PAIR

The ergonomically angled handles from Fitness-Mad reduce stress on the wrists and forearms during your workout. The robust TPE rubber on top of the handles provide extra grip and stability, leaving you free to develop muscles in both the arms, shoulders, and the chest.



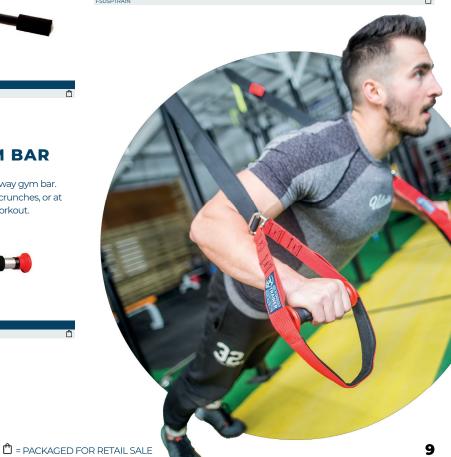
FPUSHUP2

PRO BODYWEIGHT SUSPENSION TRAINER

The Pro Suspension Trainer is a portable lightweight training system that allows you to workout anytime, anywhere be it from a door frame, wall anchor, or a tree! Use your own bodyweight as resistance and strengthen the whole body, whilst building muscle and burning unwanted fat.



ESLISDED AIN







Fitness-Mad mats come in all different sizes, thickness, and lengths to suit your exercise needs.

CORE FITNESS MAT

This mat offers great cushioning and is suitable for all mat based workouts, especially Pilates. Made from NBR foam which is non-absorbent making it easy to clean and hygienic, whilst also being soft and supportive and provides excellent cushioning and memory.



COLOUR	DIMENSIONS	DETAILS
BLUE	182CM (L) × 58CM (W) × 10MM (D)	EYELETS
BLUE	182CM (L) × 58CM (W) × 10MM (D)	NO EYELETS
BLACK	182CM (L) × 58CM (W) × 10MM (D)	NO EYELETS
TURQUOISE	182CM (L) × 58CM (W) × 10MM (D)	NO EYELETS
	Samura B.	0
	BLUE BLUE BLACK	BLUE 182CM (L) × 58CM (W) × 10MM (D) BLUE 182CM (L) × 58CM (W) × 10MM (D) BLACK 182CM (L) × 58CM (W) × 10MM (D)

CODE	COLOUR	DIMENSIONS	DETAILS
FMATNBR15EYE	BLUE	182CM (L) × 58CM (W) × 15MM (D)	EYELETS
FMATNBR15	BLUE	182CM (L) × 58CM (W) × 15MM (D)	NO EYELETS
FMATNBR15R	BLUE	182CM (L) × 58CM (W) × 15MM (D)	NO EYELETS

EXERCISE MAT RACK FOR EYELET MATS

Designed to hold mats with eyelets with a hole diameter greater than 2cm. The bars can be adjusted from 36cm to 51cm apart (centre to centre) and are suitable for all mats with eyelets of 2cm or larger.



CODE	DIMENSIONS
FMATRACK20	62CM (WIDTH), 23CM (PRONG LENGTH)

STUDIO PRO MAT

The Studio Pro Pilates Mat is our best mat for Pilates, exercise and therapy. At 15mm thick it offers great support for the spine and knees. The mat is double sided and will not slide on the floor. 100% recyclable. TPE is impermeable, hygienic and PVC Free.

FITNESS MAL



CODE	COLOUR	DIMENSIONS	
FMATTPE180	BLUE	180CM (L) × 60CM (W) × 15MM (D)	
FMATTPE180R	BLUE	180CM (L) × 60CM (W) × 15MM (D)	m

STUDIO PRO AEROBIC MAT

This club and studio quality aerobic mat is made from first grade EVA foam which offers good memory, shock absorption and comfort. Features rounded corners and a hand hole for carrying.



CODE	COLOUR	DIMENSIONS
FAMAT10	BLUE	100CM (L) × 50CM (W) × 10MM (D)
FAMAT15	BLUE	100CM (L) × 50CM (W) × 15MM (D)

CLUB AEROBIC MAT

WITH EYELETS

Need a professional, hard-wearing aerobic mat for your studio space or clients? Our Club Aerobic Vinyl Mat is ideal. These mats have eyelets so they can be easily stored on a mat rack, an anti-slip bottom, and durable, wipe-clean vinyl surface so you can keep your studio hygienic!



CODE	COLOUR	DIMENSIONS
FAMATBLK	BLACK	100CM (L) × 50CM (W) × 9.5MM (D)
FAMATVINYL	LIGHT GREY	100CM (L) × 50CM (W) × 9.5MM (D)





PRO STRETCH TRI-FOLD AEROBIC

Our Fitness-Mad Tri-Fold Aerobic Mat is perfect for those looking for a mat which can offer multiple options! It can fold out up to 134cm long, when completely extended to use for full body length movements, or you can fold it up to a 30mm thickness for superb cushioning for the knees, hands/wrists or elbows!



CODE	COLOUR	DIMENSIONS
FAMATPRO	GREY	134CM (L) × 50CM (W) × 9.5MM (D)



SKIPPING ALIGNMENT MAT

Looking for a mat to alleviate pressure on your knees and hips while skipping? Our 4.5mm thick grey skipping mat is designed to absorb impact while jumping indoors. Made from phthalate free PVC, this mat is versatile, offers great cushioning, anti-slip properties and vital durability.



CODE	COLOUR	DIMENSIONS	
FMATSKIP-GRY	GREY	120CM (L) × 59CM (W) × 4.5MM (D)	₾

STRETCH FITNESS MAT

The Stretch Fitness mat is perfect for all kinds of exercise and stretching from aerobic workouts to rehabilitation. The mat itself is 10mm thick providing adequate cushioning and comfort for floorwork or standing positions. Lightweight and easily transportable with the use of the included carry strap.



CODE	COLOUR	DIMENSIONS
FMATNBRST-BLUE	BLUE	180CM (L) × 60CM (W) × 10MM (D)
FMATNBRST-GREY	GREY	180CM (L) × 60CM (W) × 10MM (D)

AEROBIC & CARDIO

Equipment including running parachutes, skipping ropes, aerobic steps, and rebounder trampolines

PRO SPEED ROPE

Our high quality, smooth-turning speed skipping rope is recommended for general purpose skipping. Made of solid vinyl cord with free-spinning, easy grip low density shatter-proof polyethylene handles.



CODE	COLOUR	SIZE	SUITABLE FOR	
FSKIPSP-8	BLUE	8FT	< 5'4"	Ů
FSKIPSP-9	BLACK	9FT	5'4"-5'10"	₾
FSKIPSP-10	PURPLE	10FT	> 5'10"	<u> </u>
FSKIP-8	BLUE	8FT	< 5'4"	
FSKIP-9	BLACK	9FT	5'4"-5'10"	
FSKIP-10	PURPLE	10FT	> 5'10"	

ULTRA SPEED ROPE

Need a speed rope which can keep up with you? The Fitness-Mad Ultra Speed Rope is fast, tangle-proof, and intelligently designed with a metal bearing, smooth-turning system to never slow you down.





CODE	SIZE	
FSKIPUSR	3M	Ê

WEIGHTED LEATHER JUMP ROPE

This weighted leather jump rope can be used with or without the approx. 125g handle weights, giving you the option to choose from 175g (rope only) or 425g (with weights).





CODE	SIZE	
FSKIPLR17	3M	Ĥ



REACTION BALL

Reaction balls are designed to bounce in an erratic and unpredictable fashion. Used to help improve agility, hand-eye coordination, and reaction time. Use against a wall or with a partner. Alternatively hold the ball at waist height, drop it and try to catch it - vary the height to make this easier or harder.





CODE	COLOUR	SIZE	
FREACTS	BLUE	7CM (S)	₾
FREACTL	RED	9CM (L)	₾





Our Fitness-Mad studio quality Aerobic Step can be used for a range of

exercises and classes, ideal for studios, clubs, personal trainers, and home

gyms. This set comes with 4 step risers (also known as 'feet') which enable you

to adjust the height of the step from 11cm, 16cm or 21cm to suit your workout

CODE	DETAILS
FSTEP20	COMPLETE SET
FSTEPPLAT20	PLATFORM ONLY
FSTEPFT18	SPARE STEP RISER

FITNESS MAD

NEW!

INFLATABLE REACTION BALL

WITH PUMP

Enhance your reflexes and agility with our Inflatable Reaction Ball. This versatile training tool is designed to improve hand-eye coordination, reaction time, and overall athleticism. Simply inflate the ball to your desired level of firmness and get ready to challenge yourself.



CODE	COLOUR	SIZE
FREACTINF-LBLU	LIGHT BLUE	18CM

STUDIO PRO REBOUNDER TRAMPOLINE

STUDIO AEROBIC STEP

Our Fitness-Mad 40" Studio Pro Rebounder trampette is a commercial grade rebounder which is the ideal tool for zero impact aerobic exercise whether for use in the gym or at home.





RUNNING PARACHUTE

The 40" Running Parachute is the ultimate tool to elevate your speed and agility training. This parachute offers a perfect balance of challenge and functionality with its generous 40-inch diameter, designed to withstand the rigors of intense workouts.











rds ab wheel and balance domes & pads.

150KG ANTI-BURST SWISS BALL

WITH PUMP

This ball is rated as being suitable for use with loads of up to 150kg in normal use. The ball has been independently tested by SGS Laboratories as Burst-Resistant whilst under a static load of 200kg.



CODE	SIZE	
FBALL10055	55CM	₾
FBALL10065	65CM	₾
FBALL10075	75CM	lΨ

SWISS BALL COVER

A great addition to your living or studio space, this cotton Swiss Ball Cover fits snugly over your exercise/yoga ball. Just put the deflated ball inside the cover, inflate and zip it up. The cover features a heavyweight zip closure and two easycarry fabric handles.



CODE	COLOUR	SIZE
FBALLCOVER-65	BLUE	65CM

300KG ANTI-BURST SWISS BALL

Fitness-Mad's Burst Resistant Swiss Ball with a load rating of 300kg is perfect for Fit Ball workouts, yoga, Pilates, or physiotherapy and can be used as a chair to aid core strength to help improve posture.



CODE	SIZE
FBALL55	55CM
FBALL65	65CM
FBALL75	75CM

HI-SPEED 2-WAY POWER SWISS BALL PUMP

Fitness balls are a great piece of exercise equipment that help work in toning your core and increasing flexibility. However inflating fitness balls, or Swiss balls as they are often called, can be difficult and leave you tired before your workout even starts.



STUDIO PRO 500KG SWISS BALL

The Studio Pro Swiss Ball is rated at a massive 500kg and is one of the toughest balls available. Our gym balls have been extensively tested by SGS Laboratories for burst-resistance and static loading. Perfect for clubs, gyms, studios as well as weight training.



CODE	SIZE	
FBALLSP55G	55CM	Ô
FBALLSP65G	65CM	Ô
FBALLSP75G	75CM	Ô

AB MAT

ABDOMINAL SIT UP SUPPORT

Struggling to perform the perfect sit-up to isolate specific abdominal muscles? It can be difficult to perform an ab exercise with correct alignment and safe form, but this Fitness-Mad Ab Mat (abdominal sit-up support) helps to keep your back properly aligned as you target your upper, lower, or oblique abdominal muscles!





ADJUSTABLE WOBBLE BOARD





NEW!

Regular use of a wobble board is a great way to improve your balance, increase core strength, and improve range of movement. Wobble boards are great for rehabilition too, particularly for recovering from ankle and lower leg injuries.



CODE	DIMENSIONS	
FWOBBLE20	35CM (W)	₾

OVAL BALANCE PADS

DΔID

These soft Oval Balance Pads by Fitness-Mad offers 5.5cm of cushioning to help improve hip, knee, ankle, and foot stability. Challenge your balance and stand in control with these lightweight pads that are easily transportable in your gym bag.



CODE	DIMENSIONS
ERALANCEOVAL-BILL	29CM (L) × 16 5CM (W) × 5 5CM (H)

AIR DOME PRO II

WITH PUMP

The Fitness-Mad Air Dome Pro II can be used for almost any bodyweight exercise which is normally performed on an aerobic step, or on the floor. Due to the unstable surface the Air Dome Pro II it provides an extra level of intensity to exercises - working the core harder, adding more challenge, as well as making for a more effective workout for faster results!



CODE	DIMENSIONS
FBALDOME2	23CM (H) × 59CM (W)

STABILITY CUSHION

WITH PUMP

Our Stability Cushion is an ideal tool for improving balance and posture; you can kneel on the cushion whilst exercising to improve core strength or you can sit on it to tone abdominal muscles whilst sitting at your desk.



BALANCE POD DOMES

Increase your coordination, improve your balance, and challenge your core with these Balance Pod Domes by Fitness-Mad. Designed to help develop your core strength muscles such as your abdomen, back, and pelvis by adding extra challenge to numerous bodyweight exercises, they also help to improve your balance which can help with body toning and posture.



CODE	DIMENSIONS	
FPODDOME	8CM (L) × 16.5CM (W)	ů

DUO AB WHEEL

Strengthen your core and abdominal muscles using the Fitness-Mad Duo Ab Wheel. This fitness tool offers exceptional stability due to its dual-wheel design, allowing you to confidently engage in core workouts on any smooth surface. Plus, its lightweight and portable making it the ideal addition to your gym bag.







REHAB & MASSAGE

Foam rollers, massage balls, massage sticks, and massage rollers aimed to massage and target key muscle groups in need of rehabilitation.



ACUPRESSURE MASSAGE MAT

The Acupressure Massage Mat is a massage mat designed to help aid muscle fatigue in the feet and back. This mat, which can be rolled up, is a compact and portable mat, featuring innovative bubble-like structures that provide a soothing massage experience.



CODE	COLOUR	DIMENSIONS
FACUMAT-BLK	BLACK	120CM (L) × 32CM (W)

MINI-MASSAGE FOAM ROLLER

Myofacial release of the muscles is key to better performance. The Fitness-Mad Mini Massage Roller relieves tight muscles and targets fascia management. Portable and easy to use, perfect for before and after exercise.





20CM FOAM ROLLER

This 20cm Foam Roller by Fitness-Mad is perfect for anyone looking for a foam roller they can carry in their gym bag as it's lightweight and portable. It can be used every day as part of your exercise regime before or after your workout.





CODE	DIMENSIONS	
FROLLER3MINI	20CM (L) × 8CM (D)	l u

FOAM ROLLER

Rolling on a foam roller helps to improve blood circulation throughout your skin, fascia, muscles and even tendons and ligaments. They also help lengthen and stretch the muscles and tendons as well as break down the soft connective tissue beneath the skin resulting in myofascial release.



CODE	DIMENSIONS	
FROLLER6H	45CM (W) × 15CM (D)	Ô
FROLLER6	90CM (W) × 15CM (D)	Ĥ

STUDIO PRO EPP FOAM ROLLER

Our range of Studio Pro Foam Rollers are made from high-quality EPP (Expanded Polypropylene - a type of engineered plastic foam material which is super strong, extremely lightweight, and recyclable) which has excellent energy absorption properties as well as being ultra durable.



CODE	MENSIONS
FROLLER45EPP 450	CM (L) × 15CM (D)
FROLLER90EPP 900	CM (L) × 15CM (D)

HALF ROUND FOAM ROLLER

This Half Round Roller is made from high-quality EPP (Expanded Polypropylene) which is extremely durable, super strong, very lightweight, and recyclable. This roller will not get bent out of shape easily and is ideal for intensive use, either at home or in a commercial studio/gym environment.



CODE	DIMENSIONS
FROLLER45EPPHALF	45CM (L) × 15CM (W) × 7.5CM (H)
FROLLER90EPPHALF	90CM (L) × 15CM (W) × 7.5CM (H)



TREAD FOAM ROLLER

This Tread Foam Roller from Fitness-Mad has a tread pattern to provide more pressure points as you roll, giving you a deep tissue massage. It is ideal for muscle massage and self-myofascial release (SMR) for tight muscles before or after exercise, or even if you wish to roll your muscles out after a long day of standing or sitting.



CODE	COLOUR	DIMENSIONS	
FROLLERTRD-BLK	BLACK	32CM (L) × 13.5CM (D)	Ĥ
FROLLERTRD-BLUE	BLUE	32CM (L) × 13.5CM (D)	Ĥ
FROLLERTRD-SILVER	SILVER	32CM (L) × 13.5CM (D)	<u> </u>

VARI-MASSAGE FOAM ROLLER

BLACK/RED

The original and best roller by Fitness-Mad for myofascial release and muscle massage. The Vari-Massage Foam Roller has different patterns so you can vary the intensity of the massage to suit your needs as you roll.



CODE	DIMENSIONS
FROLLERMAD	32CM (L) × 12CM (D)
FROLLERMADDBL	60CM (L) × 12CM (D)

ATOM MASSAGE STICK

Take your self-care to a whole new level with the Atom Massage Stick by Fitness-Mad. The atom nodules massage your muscles for optimum trigger point release as well as helping to stimulate circulation. The ergonomic handles make self-massage easy so you can adjust the pressure accordingly.



ROLLING MASSAGE STICK

Fitness-Mad's Rolling Massage Stick is the ultimate portable self-massage tool. Small enough to fit in your sports bag, the massage sticks five independent rollers targets your trigger points and penetrate specific muscles. Ideal for use before or after exercise to increase the circulation and to sooth the tight muscles and ease aches and pains.

FITNESS (M/A)



FOOT MASSAGE ROLLER

This Foot Roller helps to relieve foot, heel, and plantar fasciitis pain. Ease tight and tired muscles of the feet before or after exercise. Simple to use, just roll back and forth under your foot whilst seated or standing for an effective massage.



PEANUT MASSAGE BALL

A dual massage ball design, perfect for rolling out tight muscles. The dip allows the ball to get close into your back muscles, without putting pressure on your spine. Also great to use for massaging your neck, shoulders, hips, glutes, hamstrings, and calves. Ideal for helping to reduce muscle pain and tension.



CORK MASSAGE BALL

Looking for a massage ball to help release toxins and improve overall circulation in your body? Yoga-Mad have the perfect massage ball to provide instant relief to pain and help remove knots. Simply roll the ball around the area of your body required until you feel relief and simply increase the pressure for a deep tissue massage.





PINPOINT TRIGGER BALL





Give your muscles a precise acupressure massage with the PinPoint Trigger Ball from Fitness-Mad. Helps to release tight smaller muscle groups and 'flush out' toxins which can buildup in the muscles.





CODE	SIZE	
FMASSPIN	4.4CM	Ô

NEW!

SPIKEY MASSAGE BALL

The Spikey massage balls can be used to release tight, uncomfortable muscles and can help to release toxins and improve circulation. Best used as a pair with a large and small ball.



CODE	COLOUR	QUANTITY	SIZE	
FMASSAGES	PURPLE	1	7CM (S)	Ť
FMASSAGESRED	RED	1	7CM (S)	_
FMASSAGEL	BLUE	1	9CM (L)	Ť
FMASSAGELBLK	BLACK	1	9CM (L)	Ť
FMASSAGE10S	PURPLE	10	7CM (S)	
FMASSAGE10L	BLUE	10	9CM (L)	



SPIKEY TRIGGER BALL SET

With 3 spikey trigger balls available, you can select an appropriate hardness and then simply roll the ball around on the area which needs to be massaged. For lower back or glutes, start in a sitting position or for calves and thighs try sitting or lying on the floor with the ball between you and the floor then gently roll around on the ball.



CODE	COLOUR	QUANTITY	SIZE
FSPIKESET	GREEN, BLUE, BLACK	SET OF 3	6.5CM 🖺
ECDIMECETS	DED BLUE BLACK	SET OF 3	escm 🖺

TRIGGER POINT & SPIKEY MASSAGI

A choice of smooth and spikey massage ball gives you lots of options to find the best way to release tight muscles and trigger points and to improve circulation. The balls can be used under your feet, under your glutes or against a wall to roll out tight back muscles.





CODE	COLOUR	QUANTITY	SIZE	
FMASSBALSET2-GRY	GREY	SET OF 2	6.5CM	≏

TRIGGER POINT MASSAGE BALL SET

If you are in need of a sports massage at home, look no further. Our Fitness-Mad massage ball set has three different hardness levels; ideal for acupressure, tension, and trigger point release. These balls can be used for a full body massage, from your neck to your calves.





CODE	COLOUR	SIZE
FMASSBALSET	GREY, GREEN & BLUE	6СМ 🖺



TRIGGER POINT MASSAGERS

These convenient massage tools are great for getting a professional standard massage at home. The ergonomic design helps to get a deeper massage than using your hands. With three different shapes these tools help ease muscle pain from a workout, prevent injuries, and release muscle knots. It also helps relieve tension in the arms when performing a massage.



CODE	COLOUR	DETAILS	
FMASSAGE4W-BLU	BLUE	4-WAY	
FMASSAGEH-BLU	BLUE	H-MASSAGER	
FMASSAGET-BLU	BLUE	THUMB	
FMASS4THSET-BLU	BLUE	SET OF EACH	₾







LIQUID CHALK

Liquid chalk puts an end to worrying about losing grip! It does not harm, or transfer to, equipment or clothing and will not create a powdery mess that traditional powder, block, or chalk ball methods can leave.







CHALK BLOCK

Climb higher, train harder, improve grip strength, and dramatically reduce sweating with Fitness-Mad's Chalk Block.

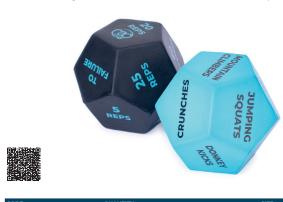






12-SIDED FITNESS DICE

With 12 sides on each die, these dice offer many combinations of exercises, reps, and times to keep your workouts fresh, fun, and challenging. One die features a variety of exercise names, and the other features reps and times.





EPP WEDGE SET

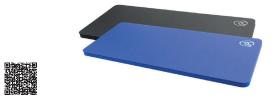
Our EPP stackable wedges consist of two 9 degree wedges and one 18 degrees wedge. Creating the opportunity to use both legs at 9 degrees or 18 $\,$ degrees. Alternatively, you can use these wedges for single leg use at 9 degrees through to 36 degrees.



CODE	QUANTITY	SIZE	DIMENSIONS	
FEPPWEDGESET	3 PIECES	30CM	5CM/9° & 10CM/18°	Ů

KNEE MAT PAD

Our high quality 15mm thick Knee Mat Pad is specially designed to provide unparalleled comfort and protection for your knees during yoga sessions. Whether you're a seasoned yogi or a beginner, this knee pad is the perfect addition to your practice.



CODE	COLOUR	DIMENSIONS
YKNEENBR-BLK	BLACK	61CM (W) × 25CM (L) × 15CM (D)
YKNEENBR-BLU	BLUE	61CM (W) × 25CM (L) × 15CM (D)



KNEE SUPPORT PADS

Our high quality pair of 20mm thick Knee Support Pads are specially designed to provide unparalleled comfort protection for your knees during yoga sessions. Whether you're a seasoned yogi or a beginner, these knee pads are the perfect addition to your practice.









SPORTS ODOUR ABSORBER

WITH BAMBOO CHARCOAL

Smelly sports bag? Stinky boxing gloves? Smell no more with our sports odour absorbers! Use in gym bags, gloves, shoes, and more to stop smells and kill germs. These deodourisers contain 100% bamboo charcoal which works by removing moisture and killing bacteria and stopping mould/mildew.



CODE	QUANTITY	DIMENSIONS	
FOABSORBMULTI	PAIR	11.5CM (L) × 4.2CM (W)	Ĥ

FITNESS GLOVES

Our Fitness Gloves are perfect for weightlifting, crossfit, or general fitness grip with special grip pads on the inside of the palms.



CODE	COLOUR	SIZE
FGLOVESYNM-SM	BLACK & LIME GREEN	s/M 🖺
FGLOVESYNM-LXL	BLACK & LIME GREEN	L/XL 🖺
FGLOVESYNW-SM	BLACK & LIGHT BLUE	s/M 🖺
FGLOVESYNW-LXL	BLACK & LIGHT BLUE	L/XL 🖺

training. The padded palm provides comfort, durability, and good grip. These gloves protect your hands from blisters and calluses and provide optimum



CODE	COLOUR	SIZE
FGLOVESYNM-SM	BLACK & LIME GREEN	s/m 🖺
FGLOVESYNM-LXL	BLACK & LIME GREEN	L/XL 🖺
FGLOVESYNW-SM	BLACK & LIGHT BLUE	S/M 🖺
FGLOVESYNW-LXL	BLACK & LIGHT BLUE	L/XL 🖺

SLIDING DISCS

Sliding disks are the ultimate accessory for strengthening and toning your abs. Simply place your feet and/or hands and slide them across any floor surface; green plastic side can be used on soft surfaces (eg. Carpet), and black foam side can slide on hard surfaces (eg. Laminate flooring).

NEW!

NEW!



CODE	QUANTITY	SIZE	
FDISCSLIDE	PAIR	17.5CM	Ĥ

LEATHER CORE FITNESS GLOVES

Our Leather Core Fitness Gloves are perfect for strength training, weightlifting, as well as general fitness training. They are highly supportive for heavy lifting with 45mm wide neoprene wrist wrap to help stabilise your wrists.



CODE	COLOUR	SIZE
FGLOVECGRN-S	GREEN	s 🖺
FGLOVECGRN-M	GREEN	м
FGLOVECGRN-L	GREEN	L 🖺
FGLOVECGRN-XL	GREEN	XL 🖺

NEEDLE PUMP

Our high quality Needle Pump is perfect for inflating a wide range of fitness and sports equipment including, but not limited to, inflating your Inflatable Reaction Ball, Stability Cushion, footballs, Pilates Soft Weights, and more.







ALMARA CORE FITNESS GLOVES

Our Almara Core Fitness Gloves are perfect for weightlifting or general fitness training. The soft padded synthetic almara leather palm provides comfort and a good grip. The half finger design features finger and wrist tabs to make it easy to pull on or take off the gloves.



CODE	COLOUR	SIZE
FGLOVECWBLU-S	BLUE	s 🖺
FGLOVECWPNK-S	PINK	s 🖺
FGLOVECWBLU-M	BLUE	м 🖺
FGLOVECWPNK-M	PINK	м 🖺

POWER LIFT GLOVES

Our Fitness-Mad Power Lift Gloves are highly supportive for heavy lifting with 55mm wide wrap to help stabilise your wrists. Perfect for weightlifting, crossfit, or general fitness training.



CODE	COLOUR	SIZE
FGLOVELIFT-SM	BLACK & LIME GREEN	S/M 🖺
FGLOVELIFT-LXL	BLACK & LIME GREEN	L/XL 🗂



MESH FITNESS & TRAINING GLOVES

Our Mesh Fitness & Training Gloves are a classic design - perfect for weightlifting, strength training, or general fitness training. The leather palm provides soft padding for comfort, durability, and grip as you get up a sweat during your workout, while the cotton mesh back provides breathability.



CODE	COLOUR	SIZE
FGLOVEB-SM	BLACK	s/M 🖺
FGLOVEB-LXL	BLACK	L/XL 🖺

KETTLEBELL WRIST SUPPORT

Support your wrists and relieve pressure when performing kettlebell exercises with this Kettlebell Wrist Support. Improve your workout with our comfortable and durable wrist support. Provides stability and protection you need during heavy lifts.



CODE	COLOUR	SIZE
FSUPPORTKET-S	BLACK	s 🖺
FSUPPORTKET-M	BLACK	м 🖺
FSUPPORTKET-L	BLACK	L 🖺
FSUPPORTKET-XL	BLACK	XL 🖺

WEIGHT LIFTING GLOVES

WITH WRIST WRAP

Fitness-Mad's Weightlifting Gloves with Wrist Wrap are highly supportive for heavy weightlifting. They feature a double layer, durable suede on palm, fingers, and thumb with 5mm foam core that absorbs vibration and provides maximum protection to your hand.



CODE	COLOUR	SIZE
FGLOVEWW-S	BLACK	s 🖺
FGLOVEWW-M	BLACK	м
FGLOVEWW-L	BLACK	L 🖺
EGLOVEWW-XI	BLACK	XI M

WEIGHT LIFTING WRIST SUPPORT

Fitness-Mad's Weightlifting Wrist Support Wraps are excellent for preventing injury when doing heavy bench press, overhead press, and other lifts.



CODE	COLOUR	SIZE
FSUPPORT40	BLACK & LIME GREEN	ONE SIZE



PADDED WEIGHT LIFTING STRAPS

Padded Lifting Straps improves grip for a better workout and helps you lift more weight comfortably during exercises such as dead-lifts and pull-ups.



CODE	COLOUR	SIZE	
FSWWPAD	BLACK	ONE SIZE	

WEIGHT LIFTING SUPPORT BELT

The Fitness-Mad weightlifting belt is designed to offer extra back support when performing heavy lifts. This sturdy neoprene belt is fully adjustable with a Velcro closure and strong metal buckle.

FITNESS MAD



CODE	SIZE	SUITABLE FOR	
FBELT4-S	S	27.5"-32" WAIST	Ô
FBELT4-M	М	32"-37" WAIST	Ĥ
FBELT4-L	L	37"-42" WAIST	₾
FBELT4-XL	XL	42"-50" WAIST	<u> </u>

Lift with confidence with our leather weight lifting belt. The adjustable buckle

allows a customisable fit for your body, while the leather construction ensures

43"-49" WAIST

LEATHER WEIGHT LIFTING BELT

NEW!

FIGURE 8 LIFTING STRAPS

PAIR

Unlike traditional weightlifting straps, our Figure 8 Lifting Straps wrap around the bar and both loops go around the wrist, allowing you to reinforce your grip without being impeded by the strap.



CODE	COLOUR	SIZE	J.
FSTRAPFIG8	BLACK & LIME GREEN	ONE SIZE	<u> </u>



FBEITPROL4-L

This exercise machine mat provides excellent floor protection for use



GYM FLOOR MAT

a comfortable fit during your workout.



CODE	DIMENSIONS	
FMACHINE150BLK	150CM (L) × 80CM (W) × 4.5MM (D)	
FMACHINE250BLK	250CM (L) × 80CM (W) × 4.5MM (D)	
FMACHINE100200BLK	200CM (L) × 100CM (W) × 4.5MM (D)	
FMACHINE100250BLK	250CM (L) × 100CM (W) × 4.5MM (D)	

LIFTING HOOKS

PAIR

Our Lifting Hooks wrap around the wrists and grip the barbell, while providing a soft surface to hold onto, so you can focus on your form for heavy lifts.

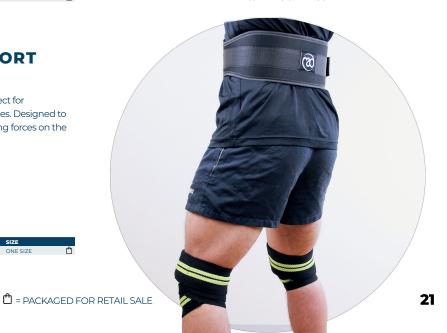


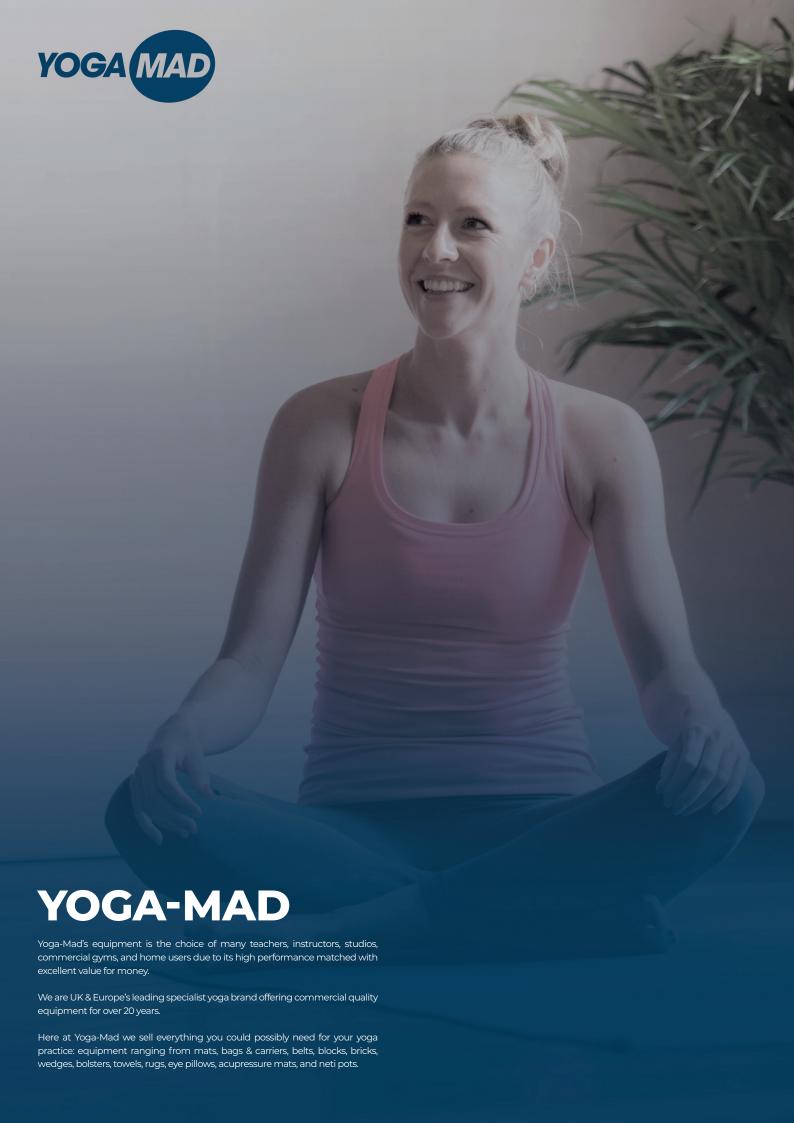
CODE	COLOUR	SIZE
FHOOKLIFT	BLACK & LIME GREEN	ONE SIZE

WEIGHT LIFTING KNEE SUPPORT WRAPS

These Fitness-Mad weightlifting knee support wraps are perfect for competitive powerlifters and bodybuilders to support the knees. Designed to be wrapped around the knees to help reduce stress and pulling forces on the quadricep tendons.











YOGA-MAD

YOGA MATS

Choose from our range of exceptionally grippy yoga mats for the material, thickness, size, and design that suits you.

LOTUS YOGA MAT

Introducing the Lotus Yoga Mat, the ideal starting point for all yogis embarking on their yoga journey. This entry-level mat is tailored to cater to beginner yogis, providing the perfect foundation for practice. Experience comfort and support with this 4mm thick PVC Lotus Yoga Mat. It offers ample cushioning for your joints and spine, minimising discomfort, and the risk of injury. Especially for those new to yoga, the 4mm thickness is also the most popular choice among yoga enthusiasts.



CODE	COLOUR	DIMENSIONS	
YLOTUS-BLU	BLUE	183CM (L) × 61CM (W) × 4MM (D)	Ê
VI OTUS-DUD	DUDDLE	197CM (L) × GICM (M) × AMM (D)	r O n

WARRIOR II YOGA MAT

The Warrior II Yoga Mat is the latest version of our best-selling Warrior Yoga Mat, which provides great cushioning, fantastic value for money, improved grip, and is phthalate free. It is available in an exciting range of colours to choose from, and 4mm or 6mm thickness.





CODE	COLOUR	DIMENSIONS	
YWARRIORII4-BUR	BURGUNDY	183CM (L) × 61CM (W) × 4MM (D)	Ô
YWARRIORII4-GRA	GRAPHITE	183CM (L) × 61CM (W) × 4MM (D)	₾
YWARRIORII4-LBLU	LIGHT BLUE	183CM (L) × 61CM (W) × 4MM (D)	₾
YWARRIORII4-BLK	BLACK	183CM (L) × 61CM (W) × 4MM (D)	₾
YWARRIORII4-DBLU	DARK BLUE	183CM (L) × 61CM (W) × 4MM (D)	<u> </u>
YWARRIORII4-HPNK	HOT PINK	183CM (L) × 61CM (W) × 4MM (D)	₾
YWARRIORII4-PUR	PURPLE	183CM (L) × 61CM (W) × 4MM (D)	<u>m</u>





WARRIOR II EYELET YOGA MAT

This mat features eyelets (37.5cm apart), ideal for storing your yoga mats on a mat rack in your studio or at home and keep your space tidy.







CODE	COLOUR	DIMENSIONS	
YWARRIORII4EYE-GRA	GRAPHITE	183CM (L) × 61CM (W) × 4MM (D)	Ĥ
YWARRIORII4EYE-PUR	PURPLE	183CM (L) × 61CM (W) × 4MM (D)	Ĥ

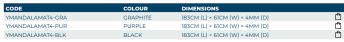
NEW!

MANDALA ALIGNMENT YOGA MAT

The Yoga-Mad Mandala Alignment Yoga Mat has the same components as our best-selling Warrior II Yoga Mat, which at 4mm thick provides great cushioning, fantastic value for money, improved grip, and is phthalate free. Experience perfect alignment with the Mandala Alignment design. This innovative yoga mat design incorporates a central line that guides your body's positioning, ensuring optimal posture and form in each pose to avoid injury.









STUDIO PRO YOGA MAT

The Studio Pro Mats were the very first yoga mats we produced and were also the first yoga mat to undergo rigorous testing against harmful substances for skin contact. Now Oeko-Tex Level 1 certified, it guarantees unparalleled skin safety offering peace of mind during your practice. It is a high-density mat which offers great cushioning, slip resistance, and durability making it an ideal yoga mat for yoga studios or intensive home use. Designed for yoga studios, this premium mat offers exceptional performance and comfort.





CODE	COLOUR	QUANTITY	DIMENSIONS	
ASTUDIO5-PUR	PURPLE	1	183CM (L) × 60CM (W) × 4.5MM (D)	Ĥ
ASTUDIO5-BLK	BLACK	1	183CM (L) × 60CM (W) × 4.5MM (D)	Ĥ
ASTUDIO5-BLU	BLUE	1	183CM (L) × 60CM (W) × 4.5MM (D)	Ô
ASTUDIO5-GRY	GREY	1	183CM (L) × 60CM (W) × 4.5MM (D)	Ô
AFLATSTUDIO5PUR	PURPLE	6 OR 12	183CM (L) × 60CM (W) × 4.5MM (D)	
AFLATSTUDIO5BLK	BLACK	6 OR 12	183CM (L) × 60CM (W) × 4.5MM (D)	
AFLATSTUDIO5BLU	BLUE	6 OR 12	183CM (L) × 60CM (W) × 4.5MM (D)	
AEL ATSTUDIOSCRY	CDEV	6 OD 12	193CM (L) × 60CM (W) × 4 5MM (D)	

STUDIO PRO EXTRA WIDE YOGA

The Yoga-Mad Extra Wide Studio Yoga Mat is popular for its wider practice area, providing comfort and protection from draughty floors. This larger surface area helps keep you centred on the mat for an uninterrupted practice.



ODE	COLOUR	DIMENSIONS	
STUDIO580-BLU	BLUE	183CM (L) × 80CM (W) × 4.5MM (D)	₾
STUDIO580-PUR	PURPLE	183CM (L) × 80CM (W) × 4.5MM (D)	₾

STUDIO PRO LIGHTWEIGHT YOGA

Weighing only 1.2kg, it allows for easy transport making it perfect to carry with ease to your yoga classes, retreats, or outdoor sessions. It is a thin yoga mat with high-density which offers great cushioning, slip resistance, and durability.



₾
Ô



TRAVEL YOGA MAT

FOLDABLE

This European made Foldable Travel Yoga Mat is the answer for those seeking a truly portable full length yoga mat. Designed with convenience in mind, our travel mat is incredibly easy to carry, compact, lightweight (only weighs 750g), and foldable.





CODE	COLOUR	DIMENSIONS	
ASTUDIO2	BLUE	183CM (L) × 60CM (W) × 1.8MM (D)	Ô

EVOLUTION ECO YOGA MAT

WITH CARRY STRING

The Evolution Eco Yoga Mat is the next generation of yoga mats! Crafted with TPE, which is more environmentally friendly than PVC in which standard yoga mats heavily rely on. It is recyclable, sustainable and easier to process, meaning TPE does not require large amounts of energy to produce, making this the next step in yoga mat technology. Not only is this material ideal for eco-conscious yogis, but it also offers excellent grip, cushioning for comfort and support, softness, and a double-sided design.



CODE	COLOUR	DIMENSIONS	
YMATTPE-PURGRY	PURPLE/GREY	183CM (L) × 60CM (W) × 4MM (D)	₾
YMATTPE-AUBGRY	AUBERGINE/GREY	183CM (L) × 60CM (W) × 4MM (D)	₾
YMATTPE-BLUGRY	BLUE/GREY	183CM (L) × 60CM (W) × 4MM (D)	₾



CODE	COLOUR	DIMENSIONS	
VALATTRECH AURCRY	AUDEDCINE/CDEV	207CM (L) COCM (M) CMM (D)	

BLUE/GREY

SUREGRIP NATURAL ECO YOGA MAT

183CM (L) × 60CM (W) × 6MM (D)

The SureCrip Natural Eco Yoga Mat by Yoga-Mad is the ultimate mat that blends optimal performance for your yoga practice and promoting environmental sustainability. Crafted in Europe from natural latex, sourced through the hand-tapping process of the Hevea Brasiliensis tree and accompanied by a 100% cotton webbing, this mat embodies sustainability. The latex and cotton used are both natural resources, ensuring a biodegradable product. Designed with the environment in mind, this eco yoga mat features a textured, non-slip surface that guarantees stability throughout your yoga practice.



YMATTPE6M-BLUGRY



CODE	COLOUR	DIMENSIONS	
YMATNL4-CHAR	CHARCOAL	183CM (L) × 62CM (W) × 4MM (D)	Ô



SUREGRIP ECO ALIGNMENT YOGA MAT

The SureGrip Eco Alignment Mat features the same biodegradable natural latex material as the SureGrip Natural Eco Yoga Mat, except additionally features repeated guide-lines, so you can find the guide for your form — no matter your body shape and size — and stay centred in even the most advanced poses.



CODE	COLOUR	DIMENSIONS	
YMATNL4ALIGN-BLU	BLUE	183CM (L) × 62CM (W) × 4MM (D)	Ф
YMATNL4ALIGN-PUR	PURPLE	183CM (L) × 62CM (W) × 4MM (D)	₾







BLOCKS, BRICKS &

yoga poses to help ensure you are in good alignment.

FULL YOGA BLOCK

Unlock the potential of your yoga practice with versatile yoga blocks. From supporting seated asanas to enhancing inversions, these blocks offer lift, cushioning, and head support.





CODE	COLOUR	QUANTITY	DIMENSIONS	
YBLEVAB2-BLU	BLUE	SINGLE	30.5CM (L) × 20.5CM (W) × 5CM (H)	₾
YBLEVAB2-BUR	BURGUNDY	SINGLE	30.5CM (L) × 20.5CM (W) × 5CM (H)	₾
YBLEVAB2-GRY	GREY	SINGLE	30.5CM (L) × 20.5CM (W) × 5CM (H)	₾
YBLEVAB2-PUR	PURPLE	SINGLE	30.5CM (L) × 20.5CM (W) × 5CM (H)	₾
YEBLEVABPAIR-BLU	BLUE	PAIR	30.5CM (L) × 20.5CM (W) × 5CM (H)	₾

HALF YOGA BLOCK

These half size blocks allow the user to fine tune their requirements, for when you need a change of half the size of a standard full block.





CODE	COLOUR	DIMENSIONS
YBLHALFEVA-BLU	BLUE	30.5CM (L) × 20.5CM (W) × 2.5CM (H)
YBLHALFEVA-BUR	BURGUNDY	30.5CM (L) × 20.5CM (W) × 2.5CM (H)
YBLHALFEVA-GRY	GREY	30.5CM (L) × 20.5CM (W) × 2.5CM (H)
YBLHALFEVA-PUR	PURPLE	30.5CM (L) × 20.5CM (W) × 2.5CM (H)



YOGA BLOCK COVERS

Protect your Full and Half Yoga Blocks with our Yoga Block Covers, made from cotton and easily removable/washable to increase hygiene in your studio.





CODE	COLOUR	SUITABLE FOR
YBLEVACOVER-BLU	BLUE	FULL YOGA BLOCK
YBLEVACOVER-GRA	GRAPHITE	FULL YOGA BLOCK
YBLEVACOVER-PUR	PURPLE	FULL YOGA BLOCK
YBLHALFEVACOVER-BLU	BLUE	HALF YOGA BLOCK
YBLHALFEVACOVER-GRA	GRAPHITE	HALF YOGA BLOCK
YBLHALFEVACOVER-PUR	PURPLE	HALF YOGA BLOCK

YOGA BRICK

Our hi-density bricks are solid, providing support without bending or squashing whilst being safer and lighter than the traditional wooden yoga brick. The three distinctly different dimensions allow you to vary the height according to usage.



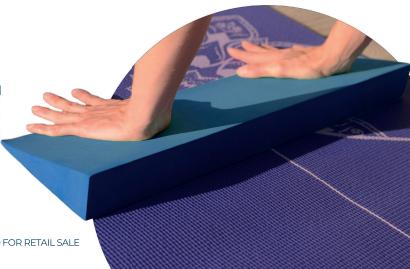
CODE	COLOUR	DIMENSIONS	
YBREVA-GRY	GREY	22CM (L) × 11CM (W) × 7CM (H)	Ô
YBREVA-BUR	BURGUNDY	22CM (L) × 11CM (W) × 7CM (H)	Ô
YBREVA-BLU	BLUE	22CM (L) × 11CM (W) × 7CM (H)	Ô
YBREVA-PUR	PURPLE	22CM (L) × 11CM (W) × 7CM (H)	Ô

YOGA WEDGE

Yoga-Mad's Yoga Wedge can be used for both Yoga or Pilates poses and moves. Also known as a 'plank' they are a firm favourite with lyengar teachers and students as they help to prevent hyper-extension in poses.



CODE	COLOUR	DIMENSIONS	
YEVAWEDGE-BLU	BLUE	50CM (L) × 15CM (W) × 5CM (H)	
YEVAWEDGE-BUR	BURGUNDY	50CM (L) × 15CM (W) × 5CM (H)	
YEVAWEDGE-GRY	GREY	50CM (L) × 15CM (W) × 5CM (H)	
YEVAWEDGE-PUR	PURPLE	50CM (L) × 15CM (W) × 5CM (H)	





CORK YOGA BLOCK

CORK YOGA WEDGE

Discover the eco-conscious choice for your yoga practice with Yoga-Mad's Cork Yoga Block. Crafted from premium sustainable cork, it's both lightweight and durable. Unlike wooden blocks, it won't harm floors or warp under pressure. Elevate your practice sustainably with this versatile yoga essential.

The Cork Yoga Wedge from Yoga-Mad can be used for both Yoga or Pilates poses and moves. Also known as a 'plank' they are a firm favourite with lyengar teachers and students as they help to prevent hyper-extension in poses.



CODE	DIMENSIONS	
YWDCORK	60CM (L) x 9CM (W) x 3CM (H)	

MINI CORK YOGA WEDGE



CODE DIMENSIONS YBL CORK 30.5CM (L) × 20.5CM (W) × 2.5CM (H)

The Mini Carly Medicae by Vega Medicae a vitable for

The Mini Cork Wedges by Yoga-Mad are suitable for both yoga and Pilates poses. Offering the same benefits as our other yoga wedges but miniature versions for ease of transporting to and from your class.



CODE	QUANTITY	DIMENSIONS
YWDCORKMINI	PAIR	10CM (L) × 9CM (W) × 3CM (H)

CORK YOGA BRICK

The Cork Yoga Brick from Yoga-Mad is as environmentally friendly as the traditional wooden brick while also being lightweight and durable. Made from high quality sustainable cork material, it is a great alternative to the wooden brick as it will not damage floors or distort under bodyweight.



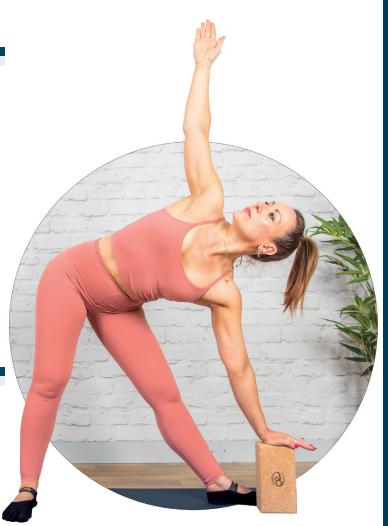


CORK QUARTER BLOCK

The Cork Quarter Yoga Block from Yoga-Mad is the ideal yoga prop to help support and give stability during standing poses (asanas). It can be difficult to maintain the correct form when in standing postures if the Achilles tendon or calf muscles are tight or strained but a quarter round yoga block can help.



CODE	DIMENSIONS		
VBLOCKOTP	23CM (L) x 8CM (W) x 8CM (H)		





369 YOGA BLOCK

The 369 Yoga-Mad yoga block helps you to modify poses to suit your flexibility. The block provides the perfect support and stability for the body in different poses.



CODE	DIMENSIONS	
YBLEVAG	23CM (L) × 15CM (W) × 7.6CM (H)	l _{th}

YOGA BLOCK EPP

Yoga blocks are a great prop to have as part of your yoga kit and are a staple of many yoga studios. They allow for the modification of yoga poses to ensure correct alignment and posture during your yoga practice. Our EPP blocks are designed to be extremely lightweight whilst still providing great stability.



CODE	DIMENSIONS	
YBLOCKEPP369	23.5CM (L) × 15.5CM (W) × 7.5CM (H)	
YBLOCKEPP469	23.5CM (L) × 15.5CM (W) × 10CM (H)	₾



BOLSTERS

Promote support, comfort, and relaxation in every pose:

BUCKWHEAT YOGA BOLSTER

Filled with premium buckwheat hulls, it conforms and moulds to your body shape and will not break down over time, providing stability and alignment in a variety of postures.



쁿		

CODE	COLOUR	DIMENSIONS	
YBOLSTBUCK-GRA	GRAPHITE	61CM (L) × 23CM (D)	Ĥ
YBOLSTBUCK-TEAL	TEAL	61CM (L) × 23CM (D)	Ĥ
YBOLSTBUCK-PUR	PURPLE	61CM (L) × 23CM (D)	₾
YBOLSTBUCK-BLU	BLUE	61CM (L) × 23CM (D)	₾

NEW! PATTERNED BUCKWHEAT BOLSTER

Our patterned Buckwheat Bolster comes with a useful carry handle. Filled with eco-friendly buckwheat, this bolster will mould to your body in any asana and provides firm support.



CODE	COLOUR	DIMENSIONS	
YBOLSTPBUCK-PUR	PURPLE	61CM (L) × 23CM (D)	Ô
YBOLSTPBUCK-GRY	GREY	61CM (L) × 23CM (D)	Ô
YBOLSTPBUCK-AUB	AUBERGINE	61CM (L) × 23CM (D)	Ĥ



YOGA MAL

RIBBON TRIM YOGA BOLSTER

BUCKWHEAT

The Buckwheat Yoga Bolster with Ribbon Trim is the same as our original Yoga-Mad Buckwheat Yoga Bolster, however this bolster showcases an elegant ribbon trim design.



CODE	COLOUR	DIMENSIONS	
YBOLSTERTRIM-BLU	BLUE	61CM (L) × 23CM (D)	Ĥ
YBOLSTERTRIM-GRA	GRAPHITE	61CM (L) × 23CM (D)	Ĥ
YBOLSTERTRIM-PUR	PURPLE	61CM (L) × 23CM (D)	Ĥ





RUGS & TOWELS

Aid in comfort and arip for specific yoaa styles

MINI BUCKWHEAT BOLSTER

These bolsters come with a useful carry handle as well as are miniature versions of our standard bolsters at 50cm long to make it easy for transporting to and from your yoga class.



CODE	COLOUR	DIMENSIONS	
YBOLSTMINI-GRA	GRAPHITE	50CM (L) × 15CM (D)	Ĥ
YBOLSTMINI-LILAC	LILAC	50CM (L) × 15CM (D)	Ĥ
YBOLSTMINI-GREEN	GREEN	50CM (L) × 15CM (D)	Ĥ

CHAKRA YOGA RUG

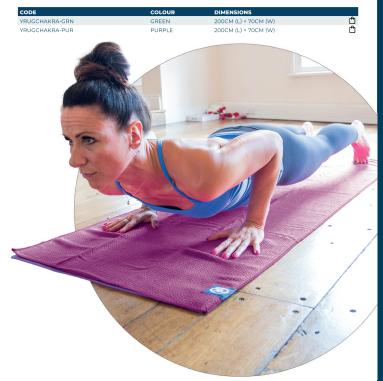
Crafted using 100% premium quality cotton, this rug offers a comfortable surface for your yoga sessions. The coarse weave cotton provides excellent grip and absorbency with the rug's grip increasing as it gets wetter, the opposite to a standard yoga mat.

YOGA MAD









ORGANIC COTTON YOGA BOLSTER

Our yoga bolsters are covered with a removable organic cotton cover and are deep filled with 2kg of man-made fibre for a firm feel with a little give.



CODE	COLOUR	DIMENSIONS	
YBOLSTORG-PLUM	PLUM	61CM (L) × 23CM (D)	
YBOLSTORG-BLU	BLUE	61CM (L) × 23CM (D)	₾

RECTANGULAR BUCKWHEAT YOGA BOLSTER

Our rectangular bolster offers shallower support and larger surface area for reclining, supine or seated poses, which can be more comfortable than the traditional round version.



CODE	COLOUR	DIMENSIONS	
YBOLSTRECTANGLE-GRY	GREY	61CM (L) × 26CM (W) × 14.5CM (H)	Ĥ

GRIP DOT HOT YOGA TOWEL

Yoga Towels feature specially designed grip dots that firmly adhere to your yoga mat allowing superior grip and traction preventing slips and slides. No more distractions or worries about losing your grip in sweaty hot yoga classes.



CODE	COLOUR	DIMENSIONS	
YTOWELGRIP-AUB	AUBERGINE	183CM (L) × 60CM (W)	Ô
YTOWELGRIP-SBLU	SKY BLUE	183CM (L) × 60CM (W)	₾
YTOWELGRIP-PUR	PURPLE	183CM (L) × 60CM (W)	Ĥ
YTOWELGRIP-GRY	GREY	183CM (L) × 60CM (W)	Ĥ



BELTS & STRAPS

Provide you with the support and extension you may need to prevent you from straining.

CINCH YOGA BELT

This is Yoga-Mad's standard yoga belt (also known as a yoga strap) which is ideal for general usage, in particular for extending the arms or by providing the required tension of a pose without straining. Available in either 2m or 2.5m length to suit taller/shorter people or certain poses.





CODE	COLOUR	SIZE	DETAILS	
YBLTCT2M-GRA	GRAPHITE	2M	MAD LOGO LABEL	
YBLTCT2M-GRN	GREEN	2M	MAD LOGO LABEL	
YBLTCT25MPE-GRN	LIME GREEN	2.5M	MAD LOGO LABEL	
YBLTCINCH2-DBLU	DARK BLUE	2M	YOGA-MAD LABEL	Ĥ
YBLTCINCH2-GRA	GRAPHITE	2M	YOGA-MAD LABEL	Ĥ
YBLTCINCH2-PUR	PURPLE	2M	YOGA-MAD LABEL	₾
YBLTCINCH25-DBLU	DARK BLUE	2.5M	YOGA-MAD LABEL	Ô
YBLTCINCH25-GRA	GRAPHITE	2.5M	YOGA-MAD LABEL	₾

ORGANIC COTTON D-RING

YOGA BELT

A yoga belt can assist you in yoga poses where you might wish to extend your reach. By extending your reach in a pose, it helps to aid proper alignment throughout the pose. Our unbleached organic cotton yoga strap (or yoga belt) is ideal for the conscientious yoga student!



CODE	COLOUR	SIZE
YBLTORG	NATURAL	2.5M
YBLTD2ORG-AUB	AUBERGINE	2M
YBLTD2ORG-BLK	BLACK	2M
YBLTD2ORG-DBLU	DARK BLUE	2M
YBLTD2ORG-GRY	GREY	2M
YBLTD2ORG-NAT	NATURAL	2M
YBLTD2ORG-PUR	PURPLE	2M
YBLTD2ORG-RED	RED	2M
YBLTD25ORG-DBLU	DARK BLUE	2.5M
YBLTD25ORG-GRY	GREY	2.5M
YBLTD25ORG-PUR	PURPLE	2.5M

ORGANIC COTTON CINCH

YOGA BELT

Designed for stretching and achieving correct postures, this belt helps provide you with the perfect amount of tension without straining. It is an essential tool for enhancing flexibility through deepening stretches and is made from organic cotton.





CODE	COLOUR	SIZE
YBLTC2ORG-DBLU	DARK BLUE	2M
YBLTC2ORG-GRY	GREY	2M
YBLTC25ORG-DBLU	DARK BLUE	2.5M
YBLTC25ORG-GRY	GREY	2.5M
YBLTC25ORG-PUR	PURPLE	2.5M

LIGHTWEIGHT YOGA BELT

Yoga-Mad's 2m lightweight cotton yoga belt with D-Ring closure is perfect for stretching with. Yoga belts are useful to assist in attaining correct postures by providing the required tension of a pose without straining. These belts are ideal for normal use but are not recommended for binding asanas or other uses where extra strength is required.



CODE	COLOUR	SIZE
YBLT2MLB-BLU	NAVY	2М 🖺
YBLT2MLB-GRA	GRAPE	2М 🖺
YBLT2MLB-NAT	NATURAL	2М 🖺

D-RING YOGA BELT

Yoga belts (also known as a yoga strap) are useful to assist in attaining correct postures by providing the required tension of a pose without straining.





CODE	COLOUR	SIZE
YBLTD25M-GRA	GRAPHITE	2.5M





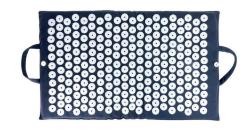


Meditation essentials for a peaceful space, promoting mindfulness and relaxation.

ACUPRESSURE MAT

WITH CARRY HANDLE

The original bed of nails first appeared over 1,000 years ago in Asia used by gurus during practices of healing and meditation. The Yoga-Mad acupressure mat uses this same philosophy to help induce a state of deep relaxation and dissolve tension.



CODE	COLOUR	DIMENSIONS	
YBEDONN-GRA	GRAPHITE	67CM (L) × 41CM (W)	דַ

ACUPRESSURE D-SHAPED PILLOW

The acupressure D-shaped pillow helps relieve both physical and mental stress. Simply by lying on it, thousands of acupressure points will stimulate nerves, accelerate blood circulation and lymphatic drainage. This relieves headaches, back, neck, shoulder, and sciatic pain which improves sleep, circulation, mood, and energy levels.



CODE	COLOUR	DIMENSIONS	
YPILLOWDSON-GRA	GRAPHITE	39CM (L) × 12.5CM (H)	<u> </u>

ACUPRESSURE PILLOW

An alternative to our Acupressure D-Shaped Pillow, our regular Acupressure Pillow provides the same stimulation with a shape that some people may prefer.



CODE	COLOUR	DIMENSIONS	
YPILLOWON-GRA	GRAPHITE	39CM (L) × 27.5CM (W)	₾

YOGA MAD

FOLDING MEDITATION CHAIR

This chair provides optimal support for meditation sessions while maintaining the flexibility to fold and stow away effortlessly.



CODE	COLOUR	
YFOLDMEDCHAIR-AUB	AUBERGINE	Ô
YFOLDMEDCHAIR-BLK	BLACK	₾
YFOLDMEDCHAIR-GRA	GRAPHITE	Ĥ



ROLL-UP ZABUTON

MEDITATION CUSHION

This thoughtfully designed cushion offers a comfortable and supportive base for your practice, with the added convenience of being easily rolled up for seamless transportation and storage.



CODE	COLOUR	DIMENSIONS	
YZABUTONROLL-BLU	BLUE	82CM (L) × 65CM (W) × 5CM (D)	₾
YZABUTONROLL-GRA	GRAPHITE	82CM (L) × 65CM (W) × 5CM (D)	₾
YZABUTONROLL-PUR	PURPLE	82CM (L) × 65CM (W) × 5CM (D)	₾



GRASS MEDITATION MAT

HAND WOVEN

Enhance the serenity of your yoga and meditation sessions with our Hand Woven Grass Meditation Mat. This remarkable mat seamlessly combines style and utility, serving as the ideal foundation for your meditation. Handcrafted from sustainably sourced natural grass, this mat brings you closer to the Earth's embrace.





PLEATED ROUND ZAFU MEDITATION CUSHION

SHINGLE YOGA "SAND" BAG

The Yoga-Mad OM Shingle "Sand" Bags can be used for Iyengar, Anusara, Yin or restorative yoga practices by deepening yoga postures.





CODE	COLOUR	DIMENSIONS	
YSANDSHING-BLU	BLUE	42CM (L) × 18CM (W)	₾
YSANDSHING-PUR	PURPLE	42CM (L) × 18CM (W)	₾
YSANDSHING-GRA	GRAPHITE	42CM (L) × 18CM (W)	₾



inside the cushion with the use of a concealed zip.

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CODE	COLOUR	DIMENSIONS	
YZAFUBW-BK	BLACK	18CM (H) × 35CM (W)	₾
YZAFUBW-BLU	BLUE	18CM (H) × 35CM (W)	₾
YZAFUBW-PLUM	PLUM	18CM (H) × 35CM (W)	Ĥ

Our zafu cushion is pleated for extra strength and comes with a carry handle making it easy to transport. Plus, you can easily adjust the amount of filling

PATTERNED SHINGLE "SAND" BAG

These yoga "sand" bags are filled with shingle which conforms better to your body shape providing even weight distribution.





CODE	COLOUR	DIMENSIONS	
YSANDBAGP-AUB	AUBERGINE	42CM (L) × 18CM (W)	<u> </u>
YSANDBAGP-GRY	GREY	42CM (L) × 18CM (W)	<u> </u>
YSANDBAGP-PUR	PURPLE	42CM (L) × 18CM (W)	Ф

PLEATED CRESCENT ZAFU MEDITATION CUSHION

The cushion is pleated for extra durability and is filled with natural buckwheat hulls which conform to your body shape perfectly whilst providing a stable platform to sit on. The cushion comes with a handle for easy carrying and a hidden zip allows you to add or remove buckwheat hulls to adjust the loft to suit you.



NEW!

PATTERNED PLEATED ROUND BUCKWHEAT ZAFU

Our zafu cushion is pleated for extra strength and comes with a carry handle making it easy to transport.





YZAFURP-AUB AUBERGINE 18CM (H) × 35CM (W) YZAFURP-GRY GREY 18CM (H) × 35CM (W) YZAFURD DUID 19CM (M) × 35CM (M)	CODE	COLOUR	DIMENSIONS	
	YZAFURP-AUB	AUBERGINE	18CM (H) × 35CM (W)	₾
VZACHDD-DHD DHDDLE 39CM (H) × ZECM (M)	YZAFURP-GRY	GREY	18CM (H) × 35CM (W)	₾
TZAFORP-POR PORPLE IBCM (H) * 35CM (W)	YZAFURP-PUR	PURPLE	18CM (H) × 35CM (W)	Ĥ



CODE	COLOUR	DIMENSIONS	
YZAFCR-BLK	BLACK	30CM (W) × 17CM (H)	₾
YZAFCR-BLU	BLUE	30CM (W) × 17CM (H)	Ô
YZAFCR-PLUM	PLUM	30CM (W) × 17CM (H)	Ô

ROUND PATTERNED ZAFU

Yoga-Mad's deluxe round patterned zafu meditation cushion which has a beautiful patterned design of the seven chakras; each being symbolic to the seven centres of spiritual power in the human body.



PATTERNED PLEATED CRESCENT BUCKWHEAT ZAFU

Yoga-Mad's patterned crescent-shaped zafu cushions fulfill the same purpose as a traditional round zafu, though the crescent shape provides more support.





CODE	COLOUR	DIMENSIONS	
YZAFUCP-AUB	AUBERGINE	30CM (W) × 17CM (H)	Ф
YZAFUCP-GRY	GREY	30CM (W) × 17CM (H)	₾
YZAFUCP-PUR	PURPLE	30CM (W) × 17CM (H)	Ô



CODE	DIMENSIONS	
YZAFBW	15CM (H) × 36CM (W)	M





Seamless yoga blankets are a highly versatile prop which can be folded to provide height in seated postures and to support the head and shoulders in inversions. These seamless blankets provide a more comfortable support, as they do not create a harsh edge once folded, thus providing a flatter surface across the entire folded area. They can be rolled to support the neck in reclining postures, help to relieve strain on knees or ankles in poses such as the Hero or Child's Pose.



CODE	COLOUR	DIMENSIONS	
YBLANKETSL-GRY	GREY	200CM (L) × 150CM (W)	Ô
YBLANKETSL-NAT	NATURAL	200CM (L) × 150CM (W)	Ô
YBLANKETSL-AUB	AUBERGINE	200CM (L) × 150CM (W)	Ô

ORGANIC COTTON YOGA EYE

This eye pillow contains a blend of linseed and lavender, designed to promote relaxation, enhance meditation, and promote mindfulness. The 100% organic cotton cover is both removable and washable, allowing you to maintain cleanliness and hygiene effortlessly.





CODE	COLOUR	DIMENSIONS	
YEYEPO-PNK	PINK	20CM (L) × 10CM (W)	
YEYEPO-PUR	PURPLE	20CM (L) × 10CM (W)	
YEYEPO-GRY	BLUE GREY	20CM (L) × 10CM (W)	
YEYEPO-LBLU	LIGHT BLUE	20CM (L) × 10CM (W)	
YEYEPO-BLU	BLUE	20CM (L) × 10CM (W)	
YEYEPO-LGRN	LIGHT GREEN	20CM (L) × 10CM (W)	





PATTERNED COTTON YOGA EYE PILLOW

Indulge in tranquillity and elevate your post-yoga bliss with Yoga-Mad's delicately scented lavender Patterned Cotton Yoga Eye Pillow. Beautifully designed, these yoga eye pillows are your gateway to ultimate relaxation and mindfulness, helping you unwind after your yoga practice or a stressful day.





CODE	COLOUR	DIMENSIONS
YEYEPOP-BLU	BLUE LEAF	20CM (L) × 10CM (W)
YEYEPOP-GRN	GREEN DIAMOND	20CM (L) × 10CM (W)
YEYEPOP-LILAC	LILAC DIAMOND	20CM (L) × 10CM (W)
VEVEDOD-DIID	DI IDDI E I FAF	20CM (L) × 10CM (W)

NEW!

RIBBON TRIM YOGA EYE PILLOW

Beautifully designed, these yoga eye pillows are your gateway to ultimate relaxation and mindfulness, helping you unwind after your yoga practice or a stressful day.





CODE	COLOUR	DIMENSIONS	
YEYETRIM-GRA	GRAPHITE	20CM (L) × 10CM (W)	
YEYETRIM-PUR	PURPLE	20CM (L) × 10CM (W)	
MENETONA DULL	BUUE	20014 (1) - 20014 (14)	

SATIN YOGA EYE PILLOW

This eye pillow contains a blend of linseed and lavender, designed to promote relaxation, enhance meditation, and promote mindfulness. Made from 100% satin, this eye pillow delicately conforms to your face, offering a luxuriously soft feel against your skin.





CODE	COLOUR	DIMENSIONS
YEYESATIN-BLU	BLUE	25CM (L) × 9CM (W)
YEYESATIN-GRY	GREY	25CM (L) × 9CM (W)
YEYESATIN-AUB	AUBERGINE	25CM (L) × 9CM (W)





KNEE MAT PAD

Our high quality 15mm thick Knee Mat Pad is specially designed to provide unparalleled comfort and protection for your knees during yoga sessions. Whether you're a seasoned yogi or a beginner, this knee pad is the perfect addition to your practice.



CODE	COLOUR	DIMENSIONS
YKNEENBR-BLK	BLACK	61CM (W) × 25CM (L) × 15CM (D)
VENEENBD-BIII	BLUE	GICM (W) × 25CM (L) × 15CM (D)

COPPER GLASS (SET OF 2)

Rooted in the wisdom of Ayurvedic teachings, this remarkable copper cup offers a plethora of holistic benefits. According to Ayurveda, the use of copper for water storage and consumption can help balance the three doshas - Vata, Pitta, and Kapha. Beyond this, it holds the power to strengthen your immune system, slow down the aging process, stimulate cognitive function, and act as a natural antioxidant.





CODE	CAPACITY	DETAILS
YCOPPERGLASSPR-PLAIN	250ML	PLAIN
VCODDEDCI ACCDD-ELO	SEOMI	FLODAL

NEW!

KNEE SUPPORT PADS

Our high quality pair of 20mm thick Knee Support Pads are specially designed to provide unparalleled comfort protection for your knees during yoga sessions. Whether you're a seasoned yogi or a beginner, these knee pads are the perfect addition to your practice.



CODE	COLOUR	SIZE	THICKNESS	
YKNEESUPPORT-GRY	GREY	17.5CM	20MM	Ф

COPPER WATER BOTTLE

NEW!

Embracing eco-friendliness, the Copper Water Bottle stands as a sustainable and lightweight alternative to disposable plastic bottle contributing to a greener, healthier planet. Its durability ensures that it will be a trusted companion for years to come. Incorporate the Copper Water Bottle into your daily rituals and experience the fusion of tradition and modern wellness.





CODE	CAPACITY	DETAILS
YCOPPERBOTTLE-PLAIN	800ML	PLAIN
YCOPPERBOTTLE-FLO	800ML	FLORAL

NEW!

FOLDING YOGA CHAIR

REINFORCED

A yoga chair is used to aid rotation in seated twists, for support in backbends, restorative yoga postures, in Viparita Karani, and for refinement of shoulder stands. Ideal for serious yoga students and studios.



DIMENSIONS
41CM (SEAT), 78CM (TOTAL)

COPPER TONGUE SCRAPER

This remarkable tool is your partner in achieving pristine oral health effortlessly. In just a matter of seconds it works its magic, ridding your tongue of unwanted residue that has accumulated overnight. Say goodbye to morning breath and throat inflammation as this copper wonder eliminates not just residue but also bacteria and toxins, leaving your mouth feeling refreshed and rejuvenated.











YOGA MAT CLEANER SPRAY

A yoga mat cleaner spray which not only cleans but disinfects your yoga mat and leaves it smelling great. Our spray is designed to effectively remove sweat, dirt, and other impurities that can accumulate on the surface of your yoga mat.





CODE	SIZE	DETAILS	
YCLEANSPRAY-CITRUS	150ML	CITRUS SCENT	<u> </u>
YCLEANSPRAY-LAV	150ML	LAVENDER SCENT	₾

NOSEBUDDY NETI POT

The ultimate neti pot in Blue, Green or Purple - from the Scandinavian Yoga and Meditation School, Sweden. The NoseBuddy has a unique construction that results in a very good flow of water and can hold a large volume (0.5 litre) and the long curved spout makes it easy to cleanse the nose even if it is severely congested.

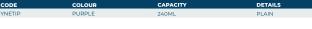


CODE	COLOUR	CAPACITY	
YNETIN-PUR	PURPLE	500ML	
YNETIN-GRN	GREEN	500ML	
LOUETCH DILLI	01115	500111	

GENIE NETI POT WITH LID

The Genie Neti pot from India is simple but effective. Lightweight and made from unbreakable plastic, the Genie is perfect for the yogi on the move. Neti pots are used to practice Jalaneti (nasal irrigation).







BAGS & CARRIERS

Choose from backpacks, kit bags, single & deluxe bags, carry straps, and ma

YOGA BAG

The Yoga Kit Bag is designed to take a full range of yoga equipment. This kit bag can accommodate props commonly used in lyengar yoga and takes up to 4 full blocks, 1 yoga mat, 2 bricks, 1 blanket, and 1 belt. Also suitable for those wishing to carry a mat, towel, and a change of clothes to the gym.



CODE	COLOUR	DIMENSIONS	
YBAGKIT-BLK	BLACK	62CM (L) × 22CM (W) × 22CM (H)	₾
YBAGKIT-GRY	GREY	62CM (L) × 22CM (W) × 22CM (H)	₾



YOGA MAT BACKPACK

If you walk, cycle, catch a train, or a bus to your yoga class, then this Yoga Backpack is perfect for you - clip in your yoga mat and go! Featuring multiple storage compartments











COTTON SHOULDER YOGA MAT BAG

This slouch shoulder bag has been designed to easily throw over your shoulder and has a convenient adjustable elastic buckle inside to keep your mat secure.



CODE	COLOUR	DIMENSIONS	
YBAGMATSHO-GRY	GREY	87CM (H) × 24CM (W)	₾



YOGA BAG WITH WATER BOTTLE HOLDER

The Deluxe Kit Bag has a unique patterned zip pocket to the front and its spacious design makes it ideal for carrying all of your yoga essentials. The new and improved extra-wide zip design makes taking out or putting your yoga mat away easy. Water Bottle not included.



CODE	COLOUR	DIMENSIONS	
YBAGWBOTTLE-BLK	BLACK	77CM (L) × 20CM (W) × 24CM (H)	Ô
YBAGWBOTTLE-IND	INDIGO	77CM (L) × 20CM (W) × 24CM (H)	₾

PALMETTE LEAF YOGA BAG

This bag is the perfect size for carrying your yoga mat, props, and accessories to and from your yoga class as well as storing all your props at home in one tidy and stylish solution. Features internal and external pockets with key holder.



CODE	COLOUR	DIMENSIONS
YBAGPROPS-GREEN	GREEN	83CM (L) × 30CM (W) × 20CM (D)
YBAGPROPS-ORAN	ORANGE	83CM (L) × 30CM (W) × 20CM (D)



YOGA MAD

JUTE YOGA MAT BAG

Carry your yoga mat bag in style and comfort to and from your yoga class with the Jute Yoga Mat Bag from Yoga-Mad. The wide and easily adjustable strap and concealed zip means you can carry this bag on your back whilst cycling.



CODE	COLOUR	DIMENSIONS	
YBAGJUTE-BLU	BLUE	66.5CM (L) × 14CM (W)	<u> </u>
YBAGJUTE-NAT	NATURAL	66.5CM (L) × 14CM (W)	₾

MANDALA YOGA BAG

Our versatile Mandala Yoga Bag is meticulously designed to take a complete range of yoga equipment. This yoga bag can accommodate props commonly used in lyengar yoga as it boasts the capacity to hold up to 4 full yoga blocks, 1 yoga mat, 2 yoga bricks, 1 blanket, and 1 belt.



CODE	COLOUR	DIMENSIONS	
YBAGKITMANDALA-LBLU	LIGHT BLUE	62CM (L) × 22CM (W) × 22CM (H)	₾
YBAGKITMANDALA-GRY	GREY	62CM (L) × 22CM (W) × 22CM (H)	₾
YBAGKITMANDALA-BUR	BURGUNDY	62CM (L) × 22CM (W) × 22CM (H)	Ô



STRIPED POWERLOOM YOGA BAG

The Deluxe Yoga Kit Bag from Yoga-Mad has a unique power loom design, available in a bright and cheerful pink or calming and peaceful blue. The lightweight and spacious design makes it ideal for carrying all your yoga essentials and can accommodate; 4 blocks, 2 bricks, 1 belt, a blanket, and a yoga mat.



CODE	COLOUR	DIMENSIONS	
YBAGPOWERLM-PNK	PINK	62CM (L) × 23CM (W) × 21CM (D)	Ĥ
YBAGPOWERLM-BLUE	BLUE	62CM (L) × 23CM (W) × 21CM (D)	Ĥ

TEACHER'S LARGE YOGA BAG

This yoga kit bag is designed with yoga teachers and instructors in mind. It is spacious enough to accommodate a wide range of yoga & Pilates equipment such as mats, blocks, bands, balls, and bricks. The bag features two generously-sized A4 pockets for storing paperwork, and a convenient full length zipper and fold top for easy access to your items.



CODE	COLOUR	DIMENSIONS	
YBAGKITXL	BLACK	65CM (L) × 30CM (W) × 46CM (H)	₾

NEW!

THE WEEKENDER YOGA BAG

The Weekender Yoga Bag is designed with yoga teachers and instructors in mind. It is spacious enough to accommodate a wide range of yoga and Pilates equipment such as mats, blocks, bricks, resistance bands, exer-soft balls, and more.



CODE	COLOUR	DIMENSIONS	
YBAGWEEK-GRY	GREY	65CM (L) × 30CM (W) × 46CM (H)	ſħ



YOGA MAT SLAP BAND

With a quick and effortless "slap-on" design, you can securely wrap it around your rolled-up mat in a matter of seconds.





YOGA MAT CARRY STRAP

Our yoga mat carry strap is not only a convenient accessory for transporting your yoga mat, but it also doubles as a versatile stretching strap to enhance your yoga practice and achieve better alignment during your yoga practice.





CODE	COLOUR	
YCARRYSTRAP-GRA	GRAPHITE	Ĥ
YCARRYSTRAP-PUR	PURPLE	Ĥ
YCARRYSTRAP-DBLU	DARK BLUE	Ĥ

YOGA MAT ELASTIC BANDS

PAIR

Introducing our Yoga Mat Elastic Bands - the budget-friendly solution for securing and organising your yoga mat. These black elastic bands measuring 3cm in width, are perfect for home storage, yoga bags, or convenient arm carrying.







PILATES-MAD

Pilates-Mad's products are designed for commercial use so, whether you are looking for home or professional use, we are confident our equipment will match your requirements.

We are the UK & Europe's leading specialist matwork Pilates brand offering commercial quality equipment for over 20 years, alongside Mad-HQ's sister company Align-Pilates — who specialise in Reformer Pilates.

Pilates-Mad's equipment is the choice of many studios due to its high performance matched with excellent value for money.



PILATES-MAD



EXER-SOFT PILATES BALL

Most Pilates mat classes will use a soft ball to aid a workout or to make it more challenging by providing resistance; use under the lower back for support or between the knees, ankles, or hands.





CODE	COLOUR	SIZE	DETAILS	
FEXBALL7	BLUE	7"	IN PE BAG	Ĥ
FEXBALL7R	BLUE	7"	IN RETAIL BOX	₾
FEXBALL9	RED	9"	IN PE BAG	Ф
FEXBALL12	GRAPHITE	12"	IN PE BAG	₾

MATWORK ACCESSORIES

A range of equipment including Exer-Soft Balls, Pilates Blocks, and Pilates Ring

CORE FITNESS MAT

This mat offers great cushioning and is suitable for all mat based workouts, especially Pilates. Made from NBR foam which is non-absorbent making it easy to clean and hygienic, whilst also being soft and supportive and provides excellent cushioning and memory.



FMATNBRIOEYE BLUE 182CM (L) × 58CM (W) × 10MM (D) FMATNBRIO-BLU BLUE 182CM (L) × 58CM (W) × 10MM (D)	EYELETS
	NO EYELETS 🖺
FMATNBR10-BK BLACK 182CM (L) × 58CM (W) × 10MM (D)	NO EYELETS 🖺
FMATNBR10-TUR TURQUOISE 182CM (L) × 58CM (W) × 10MM (D)	NO EYELETS 🖺



CODE	COLOUR	DIMENSIONS	DETAILS
FMATNBR15EYE	BLUE	182CM (L) × 58CM (W) × 15MM (D)	EYELETS
FMATNBR15	BLUE	182CM (L) × 58CM (W) × 15MM (D)	NO EYELETS
FMATNBR15R	BLUE	182CM (L) × 58CM (W) × 15MM (D)	NO EYELETS 🖺

SOFT PILATES WEIGHTS

In addition to offering a more fluid range of motion to using a standard dumbbell, the soft weight design is safer, reducing the risk of damage or injury if the weight is dropped.





CODE	WEIGHT	COLOUR	
FSOFTI	2 × 0.5KG	BLUE	血
FSOFT3	2 × 1.5KG	BLUE	Ĥ
FSOFT2	2 × 1KG	BLUE	ſħ



PILATES BLOCKS

Used in a variety of Pilates postures, depending on size, to support the body.







CODE	COLOUR	DIMENSIONS	
FBLOCK25EVA-BLU	BLUE	20.5CM (L) × 15CM (W) × 2.5CM (H)	
FBLOCK25EVA-BUR	BURGUNDY	20.5CM (L) × 15CM (W) × 2.5CM (H)	
FBLOCK25EVA-GRY	GREY	20.5CM (L) × 15CM (W) × 2.5CM (H)	
FBLOCK25EVA-PUR	PURPLE	20.5CM (L) × 15CM (W) × 2.5CM (H)	
FBLOCK60EVA-BLU	BLUE	32CM (L) × 25CM (W) × 6CM (H)	
FBLOCK60EVA-BUR	BURGUNDY	32CM (L) × 25CM (W) × 6CM (H)	
FBLOCK60EVA-GRY	GREY	32CM (L) × 25CM (W) × 6CM (H)	
EBLOCKEGEVA-DLID	DUDDLE	32CM (L) x 25CM (W) x 6CM (H)	

STUDIO PRO MAT

The Studio Pro Pilates Mat is our best mat for Pilates, exercise and therapy. At 15mm thick it offers great support for the spine and knees. The mat is double sided and will not slide on the floor. 100% recyclable. TPE is impermeable, hygienic and PVC Free.



CODE	COLOUR	DIMENSIONS	
FMATTPE180	BLUE	180CM (L) × 60CM (W) × 15MM (D)	
FMATTPE180R	BLUE	180CM (L) × 60CM (W) × 15MM (D)	Ů

DOUBLE HANDLE PILATES RESISTANCE RING

Pilates ring (also known as a magic circle) are commonly used in Pilates to add intensity to floor exercises.





CODE	DIMENSIONS	
FRING14L	36CM (D)	f





CADILLACS & TOWERS

CHAIRS,
BARRELS,
BOXES & ARCS

PILATES ACCESSORIES



PRICE/ PERFORMANCE RATIO

Unmatched performance from our years of experience and many design innovations — at an affordable price.

UNRIVALLED ADAPTABILITY

adapted to suit almost any user or environment, with modifications including Leg Extensions, Mattress Converters, and Cadillac additions.

EQUIPMENT SPECIALISTS

Europe's leading Pilates equipment brand and the only British Pilates equipment company who also have a UK warehouse, which provides unequalled stock availability.

PATENTED RC SPRING BAR

Our one-handed 'Rapid Change' spring bar adjustments revolutionise adjustments to the reformer, which is a game-changer for group classes.









MATTE BLACK SPARRING/BAG GLOVE

MATTE BLACK

Our sleek matte black Sparring/Bag Gloves are made from premium vegan PU, creating the fit and feel of a full leather glove as well as ultimate protection.



UNIFY4 MATTE BLACK LEATHER GLOVE

GLOVES & MITTS

MATTE BLACK

Made from premium leather, our stylish matte black UNIFY4 Boxing Gloves provide uncompromising performance.



CODE	SIZE	
BBEM907	12OZ	Ô
BBEM908	140Z	Ô
BBEM909	16OZ	Ô



CODE	SIZE	
BBEM904	12OZ	Ф
BBEM905	140Z	₾
BBEM906	16OZ	Ĥ

CLUB FX SPARRING/BAG GLOVE

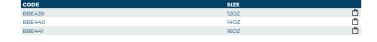
BBE FX Sparring / Bag boxing Gloves are manufactured from high grade PU synthetic construction, this produces an extremely durable and comfortable fit. These gloves include large hook and loop strap for a secure and precise fit, foam bars above and below strap ensure further protection to the wrist area.

CLUB LEATHER SPARRING/BAG GLOVE

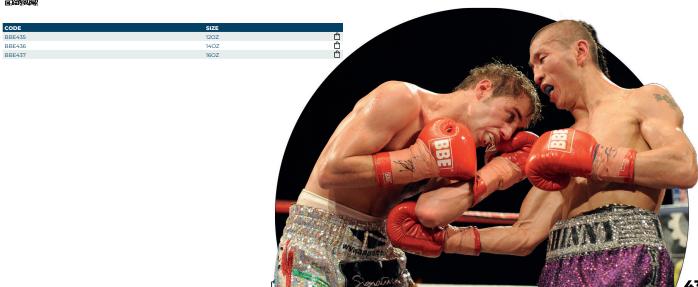
BBE CLUB Sparring / Bag Gloves are made from quality full grain leather, features high grade BBE 7S foam for premium shock absorption. Wide (3") wrist strap ensures a secure and comfortable fit whilst the integrated mesh panel on the palm increases breathability.













CLUB PVC SPARRING GLOVE

BBE PVC Sparring / Bag Gloves are manufactured from high grade PVC. This produces an extremely durable and comfortable fit. These gloves include large hook and loop strap for a secure and precise fit, foam bars above and below strap ensure further protection to the wrist area.



CODE	SIZE	
BBEM442	100Z	Ê
BBEM443	12OZ	<u> </u>

FS BAG MITT

BBE FS Bag Mitt is designed for home training and punch bag work. Manufactured from high grade PU synthetic leather construction and features BBE-3S foam padding on the knuckles and wrist joint. The wrist fit is secured via an elasticated strap and the palm features ventilation perforations to increase breathability.



WHITE PVC SPARRING GLOVE

The white PVC gloves are manufactured from high grade PVC. This produces an extremely durable and comfortable fit. These gloves include large hook and loop strap for a secure and precise fit, foam bars above and below strap ensure further protection to the wrist area.



CODE	SIZE	
BBEM444	8OZ	Ĥ

FS TRAINING/BAG GLOVE

BBE FS Training / Bag Glove designed for home training, punch bag, sparring and hook and jab sessions. Manufactured from high grade PU synthetic construction and features BBE-3S foam for premium shock absorption. The wide adjustable wrist strap ensures a comfortable and secure fit.



CODE	SIZE	
BBE427	JUNIOR 80Z	<u> </u>
BBE428	YOUTH 12OZ	Ĥ
BBE456	140Z	Ô

CLUB PVC BAG MITT

BBE PVC Bag Mitt is designed for home training and punch bag work. Manufactured from PVC and features BBE-3S foam padding on the knuckles and wrist joint. The wrist fit is secured via an elasticated strap and the palm features ventilation perforations to increase breathability.



CODE	SIZE	
BBEM435	S/M	ф
BBEM436	L/XL	Ĥ

PADDED INNER GLOVE

Worn inside training gloves or mitts as a convenient alternative to traditional hand wraps. They are padded to add extra protection when doing bag work and sparring.



CODE	SIZE	
BBEM996-S	S	Ô
ВВЕМ996-М	М	Ô
BBEM996-L	L	Ô
BBEM996-XL	XL	Ô



CLUB HANDWRAPS

Designed to protect and support the hand when boxing. Hand wraps provide support for the small joints and bones in the hand, wrist and fingers. Used in conjunction with a quality boxing glove they provide optimum support and protection from repeated punches.





CODE	SIZE
BBEM450	1.5M
BBEM451	2.5M
BBEM452	3.5M
DDEMO07	4 5M

FS BAG MITT BOXING KIT

This comprehensive set features an assortment including FS Bag Mitts, FS Curved Boxing Hook & Jab Pads, 9ft Speed Skipping Ropes, and 2 kit bags to contain all of the equipment.





CODE	QUANTITY	DETAILS
BBEKITI	×10 EACH EQUIPMENT, ×2 BAG	BBE426, BBE429, FSKIP-9, BBEKITBAGXL

BOXING PADS

Perfect for honing speed, accuracy, and power in every punch.

CLUB LEATHER FOCUS PADS

These Leather Focus Pads have been designed for speed and maneuverability to help fighters develop quick reflexes, hone their punching technique, and refine their fighting strategy. The open palm design is perfect for ventilation and reduces sweat. Perfect for all levels of boxing from beginner to intermediate.









MATTE BLACK GEL FOCUS PADS

MATTE BLACK

Our stylish matte black Gel focus pads are designed for speed and manoeuvrability, whilst being an ideal training companion for all experience levels.





BEM901	<u> </u>

PVC SPARRING GLOVE BOXING KIT

A similar versatile assortment of boxing equipment to complete your gym, except this set features the Club PVC Sparring Glove instead of the FS Bag Mitt.



CODE	QUANTITY	

BBEKIT2 ×10 EACH EQUIPMENT, ×2 BAG BBEM443, BBE429, FSKIP9, BBEKITBAGXL







MATTE BLACK CURVED HOOK & JAB

MATTE BLACK

The Curved Hook & Jab Pads provide a large strike zone with a lightweight construction — in a sleek matte black finish.



CODE

₾

CLUB FX CURVED HOOK & JAB PADS

BBE CLUB FX Curved Hook and Jab Boxing Pads are made from premium PU leather. They're lightweight and provide a large strike zone. The pads are cushioned with a combination of shock absorbing and air cushioning foam. The wrist strap and glove provide a stable and comfortable fit.



BBE442

FS CURVED HOOK & JAB PAD

The BBE FS Curved Hook and Jab Pads are manufactured from a high grade PU synthetic leather. featuring high quality, dense padding for absorbing shock, inner palm grip technology ensures stability and comfort. Ultra-light weight pads are secured via a large comfortable strap.



CODE



Essential tools for improving strength speed and precision

PUNCHBAG INC STRAPS & SWIVEL

Are you ready to step up your studio or home gym with the BBE Synthetic Punch Bag? Our punch bag is machine filled with a custom blend for optimum weight and feel. Zip closure at the top with four webbed straps.



CODE V	WEIGHT	SIZE
BBES001 2	23KG	91CM (L) × 30CM (D)
BBES002 2	26KG	122CM (L) × 30CM (D)
BBES003 2	29KG	152CM (L) × 30CM (D)

UPPER-CUT BAG INC STRAPS & SWIVEL

Our uppercut boxing bag is designed to allow you to practice different variations of punches, including uppercuts and hooks. Made with 4 heavy duty web straps and swivel hook which aids unnecessary movement and provides security.





CODE	WEIGHT	SIZE
BBES004	33.5KG	115CM (L) × 39CM (D)



BODY-BAG INC STRAPS & SWIVEL

Our body bag is a great option for both boxing and kickboxing, it's designed with 4 heavy duty web straps and swivel hook which aids unnecessary swinging and provides security. The curves make this bag ideal for body strikes, in particular punches such as uppercuts and hooks.



CODE			

555NG 165CM (E) = 55CM (B)

CLUB NT SPEED BALL

BBE CLUB NT 9" Speedball is manufactured using high grade durable PU leather. The 9inch speedball is ideal for improving your coordination, speed and hand skills. Double lined hanging strap as well as strong laces ensure superior shape and durability.





CODE	SIZE
BBE448	9"

PUNCHBAG CEILING HOOK

Punch Bag Ceiling Hook with rotating bearing. Nuts and bolts not included. Can be used with BBE's Synthetic Punch Bag or Body Bag.





CODE		
BBE652		



Reliable support for a sturdy and organized training space.

FOLDING PUNCH BAG BRACKET

BBE 2 FT Folding Punchbag Wall Bracket is designed for punch bags to a max weight of 35kg. The 4-point fixing bracket provides a secure attachment to a brick wall with fixtures and fittings included.



CODE

PUNCH BAG WALL BRACKET

BBE Punchbag Wall Bracket is designed for punch bags to a max weight of 20kg. The 4-point fixing bracket provide a secure attachment to a brick wall with fixtures and fittings included.



CODE BBE424

KIT BAGS

Spacious storage for transporting your boxing equipment.



LARGE BOXING KIT BAG

Our Large Boxing Kit Bag is designed to accommodate all your boxing essentials. This spacious and durable bag provides ample room for your gloves, wraps, protective gear, and more.



|--|

CODE	COLOUR	DIMENSIONS	
BBEKITBAGXL	BLACK	67CM (L) × 33CM (W) × 46CM (H)	₾







REHBAND

SPORTS PROTECTION

Keep the thighs, knees, shins, and calves supported while exercising.

RX KNEE SLEEVE

The RX Knee Sleeve by Rehband is a sports knee support that provides warmth, compression and a high degree of flexibility.



CODE	COLOUR	SIZE	THICKNESS	
R-105206	BLACK	XXS-XXL	3ММ	Ô
R-105306	BLACK	XXS-XXL	5MM	₾
R-105406	BLACK	XXS-XXL	7MM	₾
R-105236	BLACK/RED	XS-XL	3ММ	₾
R-105314	BURGUNDY/BLACK	XS-XL	5MM	₾
R-105317	CAMO/BLACK	XS-XL	5MM	₾
R-105417	CAMO/BLACK	XS-XL	7MM	Ф
R-105366-010133	CARBON BLACK	XS-XXL	5MM	₾
R-105466-010133	CARBON BLACK	XS-XL	7MM	<u> </u>
R-105339	COPPER/BLACK	XS-XXL	5MM	₾
R-105337	GOLD/BLACK	XS-XXL	5MM	₾
R-105308	NAVY/BLACK	XS-XL	5MM	₾
R-105333	PINK/BLACK	XS-XL	5MM	₾
R-105320	PURPLE/BLACK	XS-XL	5MM	₾
R-105304	RED/BLACK	XS-XL	5MM	₾
R-105338	SILVER/BLACK	XS-XXL	5MM	₾
R-105309	STEEL GREY/BLACK	XS-XL	5MM	<u> </u>
R-105409	STEEL GREY/BLACK	XS-XL	7MM	₾
R-105306	BLACK	S-L	5MM	₾

RX KNEE SLEEVE POWER MAX

The RX Knee Sleeve Power Max is ideal for heavy lifting, more support, and individuals with a taller body and/or long leg bones.



RX ORIGINAL KNEE SLEEVE

The RX Knee Sleeve 7mm by Rehband is a heavy duty knee support that provides compression, flexibility and warmth.



RX ORIGINAL V KNEE SLEEVE

The RX Original Knee Sleeve Power Max is ideal for heavy lifting, more support in training, and individuals with a taller body and/or long leg bones.





CODE	COLOUR	SIZE	THICKNESS	
D-705104	BLUE	S-XXI	7MM	rft

RX SHIN/CALF SLEEVE

The RX Shin/Calf Sleeve gives support, compression, and warmth to the shin.





CODE	COLOUR	SIZE	THICKNESS	
R-106306	BLACK	XS-XL	5MM	Ĥ
R-106317	CAMO/BLACK	XS-XL	5MM	₾

QD KNEE SLEEVE

The QD Knee Sleeve by Rehband is a light knee support that provides warmth, compression and a high degree of flexibility.





CODE	COLOUR	SIZE	THICKNESS	
R-795304	BLUE/GREY	XS-XL	3ММ	Ĥ

QD KNITTED KNEE SLEEVE

The QD Knee Sleeve by Rehband is a light knee support that provides warmth, compression and a high degree of flexibility.





CODE	COLOUR	SIZE	
R-690304	GREY	S-L	₾
17 05050 1	SILE!	3 2	

UD STABLE KNEE BRACE

Along with the benefits of neoprene compression, this brace features flexible splints and straps for positioning, together with a built-in patellar support.





CODE	COLOUR	SIZE	THICKNESS	
R-125506	BLACK	XS-XXL	3ММ	<u> </u>



QD ANKLE SUPPORT

GEHBAND

UD X-STABLE KNEE BRACE



The UD X-Stable Knee Brace provides extra support with advanced features.

The QD Ankle Support from Rehband is a flexible and soft support for sports that prevents pain and stabilizes your ankle area.



RX ELBOW SLEEVE

The RX Elbow Sleeve by Rehband, our most popular elbow sleeve, is a 5mm SBR/Neoprene support that provides warmth, compression and flexibility.



QD ARCH SUPPORT

The QD Arch Support by Rehband is a high durability arch support designed to provide support and relief to the longitudinal arch.



RX ORIGINAL ELBOW SLEEVE

This high durability sleeve with heavy-duty support maximizes your workout performance. The patented anatomical construction provides comfort and support throughout the joint extension.



QD BONE SPUR PAD

We developed this high durability heel wedge to provide relief for heel spur and Plantar fasciitis. The QD Bone Spur Pad insole has a depression in the area of the plantar aponeurosis insertion, where plantar heel spurs tend to occur.



X-RX LIFTING BELT

The Rehband X-RX Lifting Belt is an all-around support for heavy training. Through extensive research and development, Rehband brings you a highly durable weight lifting belt that provides support and maximizes workout performance.



QD HEEL WEDGE

Rehband's QD Heel Wedge was developed as a high durability heel wedge that reduces impact load and relieves pain in the heel and lower leg area.





СЕНВЭПО

QD KNITTED ANKLE SUPPORT

Soft ankle support for stabilization and pain relief. Designed in knitted breathable fabric for all-day use.



RX WRIST SLEEVES

The RX Wrist Sleeves by Rehband provide warmth, compression and support to the wrist while allowing a high degree of flexibility.



QD METATARSAL PAD

Rehband developed this high durability pad to provide support and relief to the anterior arch of the foot.



X-RX LIFTING-STRAPS

The X-RX Lifting Straps by Rehband assist grip strength during workouts with heavy weights or when grip strength may be an issue. The pulling aids relieve the forearms and ensure maximum grip during heavy lifts, deadlifting, rowing, pull-ups and other pulling exercises.



QD PRONATION/SUPINATION WEDGE

The QD Pronation/Supination Wedge was developed as a high durability insole that compensates for pronation or supination.



X-RX WRIST WRAP

The X-RX Wrist Wrap by Rehband is a rigid yet flexible support that will maximize your lifting potential. The carefully crafted construction provides stability and support throughout the wrist, with the thumb hook ensuring secure and correct placement of the wrap.



RX THUMB SLEEVE

RX Thumb Sleeves are faster than taping and protects the thumb when performing high volume barbell/kettlebell work or gymnastics.



RX ATHLETIC POWER-WRAP

The RX Athletic Power-Wrap is an ultra durable sports tape for maximum protection and stronger grip during training and competition.



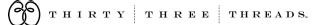
CODE	COLOUR	SIZE	
R-018146-01	BLACK	25MM	Ĥ
R-018246-01	BLACK	38MM	Ĥ
R-018141-01	WHITE	25MM	Ô
D-0192/1-01	WHITE	39MM	ıΨı

QD KNITTED WRIST SUPPORT

Designed in knitted breathable fabric for all-day use. The adjustable aluminum wrist splint and elastic strap provide a perfect fit and comfort.









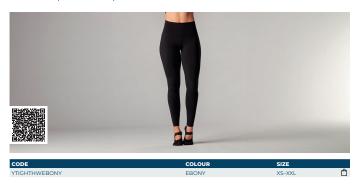




the street as it does in the studio.

HIGH WAISTED TIGHT

Say hello to your new favorite legging. The Tavi High Waisted Tight features a high waistband for a well-covered fit, flatlock seams and seamless hem for a smooth finish, four-way stretch for flattering coverage and an interior waistband picket to keep small essentials safe.



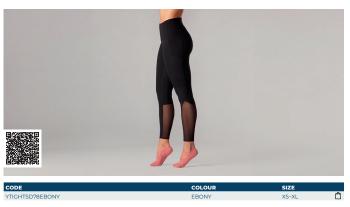
HIGH WAISTED 7/8 TIGHT

Our classic High-Waisted Tight, but in 7/8 length with a 25" inseam.



STASH & DASH 7/8 TIGHT

Our classic High-Waisted Tight, but in 7/8 length with a 25" inseam.



BIKER SHORTS

Be a trend setter inside and outside the studio with the Tavi Biker Short. Featuring a high waistband for a well-covered fit, biker length with timeless appeal, flatlock seams and seamless hem for a smooth finish, four-way stretch for flattering coverage and an interior waistband picket to keep small essentials



STASH & DASH BIKER SHORT

Forget everything you know about biker shorts, because these are on a whole new level. 4-stretch moves with you and an attractive smooth finish makes them feel so much more refined than any biker shorts you've ever met.



CODE	COLOUR	SIZE	
YSHORTSDBIKEREBONY	EBONY	XS-XL	₾
YSHORTSDBIKERNAVY	NAVY	XS-L	₾

HIGH WAISTED CAPRI

The Tavi High Waisted Capri features a high waistband for a well-covered fit, flatlock seams and seamless hem for a smooth finish, four-way stretch for flattering coverage and an interior waistband picket to keep small essentials



CODE	COLOUR	SIZE	
YCAPRIEBONY	EBONY	XS-XL	₾







COZY JOGGER

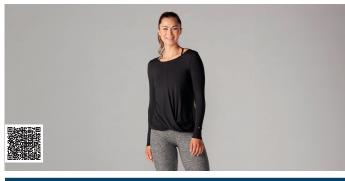
The Cozy Jogger's cuffed hem adds just the right amount of form to an otherwise relaxed fit.



CODE	COLOUR	SIZE	
YJOGGERCOZYEBONY	EBONY	XS-XL	₾

SYNERGY LONG SLEEVE

This top is dreamy to wear. From the soft and drapey fabric that adds a little luxury to your day to the flattering twist front that allows you to breathe, it's a class above.



CODE	COLOUR	SIZE
VTOPSVNI ONGERONY	EBONY	s-ı [f

HIGH LOW TANK TOP

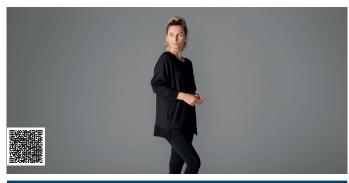
The perfect fit for just about everybody, the Tavi High Low Tank's luxurious drape design fits shorter in the front and longer in the back.



CODE	COLOUR	SIZE	
YTOPHIGHLOWEBONY	EBONY	XS-XL	₾

COZY SWEATSHIRT

You know that sweatshirt that's easy to throw on and works for just about everything? That's the Tavi Cozy Sweatshirt.



CODE	COLOUR	SIZE	
YTOPCOZYSWEATEBONY	EBONY	XS-XL	Ô

CAP SLEEVE TEE

Just like your favorite cap sleeve style but with built-in performance such as quick-dry properties and breathability.



CODE	COLOUR	SIZE	
YTOPCAPSLEEVEEBONY	EBONY	XS-XL	₾

BRA

With a beautifully feminine cut, this bra is a style statement all on its own. And because it offers light-to-medium support for low impact activities, it has studio workouts written all over it.



CODE	COLOUR	SIZE
YBRATAVIEBONY	EBONY	S-M 🖺

CROP TEE

The Tavi Crop Tee is made with soft modal fabric that is breathable and quick drying.

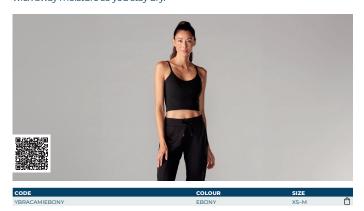


CODE	COLOUR	SIZE	
YTOPCROPTEEEBONY	EBONY	XS-XL	Ĥ



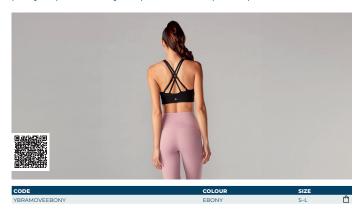
CAMI BRA

The Cami Bra is ideal for low-to-medium impact activity but don't worry if you get a sweat on, because this cute, tonal python print bra top is designed to wick away moisture so you stay dry.



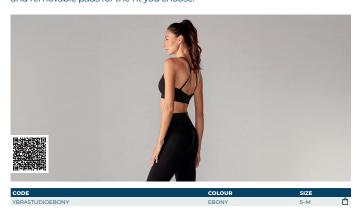
MOVE BRA

If you love a bra that doubles as a workout top, then this one's for you. It's designed for the perfect fit with a high neck, adjustable criss cross straps, and plenty of spandex to stay compressive and keep its shape.



STUDIO BRA

The Tavi Studio Bra is going to be new studio basic favourite. Featuring a clean, simple design for everyday wear. It has light support for low impact activities and removable pads for the fit you choose.



TAVI GRIP SOCKS

Discover our collection of grip socks designed to enhance your performance ir activities like Pilates and yoga.

CHLOE

A sweetly criss crossed ballet slipper sock. These grip socks provide the perfect non-slip and traction for your Barre or Pilates workout, or they can be used for any activity where you might usually have bare feet!





CODE	COLOUR	SIZE
YTAVICHLOEDAWN	DAWN	S-M 🖺
YTAVICHLOEEBONY	EBONY	S-M 🖺
YTAVICHLOESHADOW	SHADOW	S-M 🖺

EMMA

Emma Grip Socks have a less-is-more attitude with her sweet Mary Jane style. Her low design hugs the foot just below the ankle while Tavi's stella grip sock pattern safely moves you through your barre, Pilates and yoga classes.





CODE	COLOUR	SIZE
YTAVIEMMAEBONY	EBONY	S-M 🖺
YTAVIEMMASAPPHIRE	SAPPHIRE	S-M 🖺
YTAVIEMMASHADOW	SHADOW	S-M 🖺

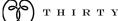
EMMA BREEZE

Our Lightest Sock Ever. Like a breath of fresh air for your feet, our Breeze Collection is our lightest sock ever. Complete with an airy mesh top and an ultra lightweight sole, this is the technology you'll find in our Emma Breeze sock.





CODE	COLOUR	SIZE
YTAVIEMMABEBONY	EBONY	S-M 🖺





KAI

Introducing our newest silhouette - Kai. She's simple with an old school vibe. This classic crew will be your staple in the studio.



CODE	COLOUR	SIZE
YTAVIKAICLASSIC	CLASSIC	S-M 🖺
YTAVIKAILIGHTGREY	LIGHT GREY	S−M 🖺
YTAVIKAIRETRO	CHARCOAL	S-M 🖺

SAVVY

Savvy gives your sporty side a touch of sensual style. Her low rise design hugs below the ankle while Tavi's stellar grip sock pattern safely moves you through your barre, Pilates, and yoga classes.



CODE	COLOUR	SIZE
YTAVISAVVYBASICS	GREY	S-M 🖺
YTAVISAVVYDAWN	DAWN	S−M 🖺
YTAVISAVVYEBONY	EBONY	S–XL 🖺
YTAVISAVVYHAZE	HAZE	S−L 🖺
YTAVISAVVYHIDDEN	GREY CAMO	S–XL 🖺
YTAVISAVVYSAPPHIRE	SAPPHIRE	s−m 🖺
YTAVISAVVYSHADOW	SHADOW	S-M 🖺

LUANNA

Double the straps. Double the fun. Luanna's double strap elastic lets your feet breathe while keeping your socks secure on your feet.



			_
CODE	COLOUR	SIZE	1
YTAVILUANNAEBONY	EBONY	S−M 🛅	

SAVVY BREEZE

Our Lightest Sock Ever. Like a breath of fresh air for your feet, our Breeze Collection is our lightest sock ever. Complete with an airy mesh top and an ultra lightweight sole, this is the technology you'll find in our Savvy Breeze sock.



MADDIE

A vented mesh top helps you stay cool in these Maddie grip socks from Tavi. Perfect for hot and humid days when you need the grip but not the extra sweat.



CODE	COLOUR	SIZE	
YTAVIMADDIEEBONY	EBONY	S-M	Ф
YTAVIMADDIEONYX	ONYX	S-M	₾





TAVI SPORT SOCK

PARKER

Introducing the Tavi Parker cycle/spinning socks. Stay cool in class with a sock designed to take you to your edge. With a vented top and fitted heel cup, this sock won't stop until you do.





CODE	COLOUR	SIZE	
YTAVIPARKERCITY	CITY	S-XL	<u> </u>
YTAVIPARKERCLOUD	CLOUD	S-XL	₾
YTAVIPARKEREBONY	EBONY	S-XL	Ĥ

TAYLOR

With a vented top and fitted heel cup, this sock won't stop until you do. Made with quick dry performance technology.





CODE	COLOUR	SIZE
YTAVITAYLORCITY	GREY	S-XL 🖺
YTAVITAYLORCLOUD	CLOUD	s-M 🖺
YTAVITAYLOREBONY	EBONY	S-XL 🖺

TAVI GLOVES

FULL FINGER

Get some extra grip in the studio and beyond with TAVI Grip Gloves. Featuring a full coverage grip palm, adjustable wristband, index fingertip touchscreen technology and a cutout opening on top for breathability.



CODE	COLOUR	SIZE
YTAVIFULLGLOVEEBONY	EBONY	S-L 🖺

HALF FINGER

TAVI Training Grip Gloves half finger style allows fingers to grip surfaces without slipping. Features a high performance strategic grip pattern for improved hold, adjustable wrist closure for a secure fit, finger pull tab for easy removal and top window opening for added breathability.



CODE	COLOUR	SIZE
YTAVIHALFGLOVEEBONY	EBONY	S-L 🖺



TOCSOX®





TOESOX

TOESOX FULL-TOE

comfort, and hygiene.

FULL TOE ANKLE

It's like you're bare foot...but even better. These ToeSox ankle grip socks are ideal for all barefoot activities like Pilates, yoga, dance, barre, and martial arts. Stick To Your Practice!





CODE	COLOUR	SIZE	
YTOEWTABLK	BLACK	S-XL	₾
YTOEWTAHG	HEATHER GREY	S-XL	₾

FULL TOE BELLARINA

Bellarina has everything you need in a barre grip sock. Bellarina struts her stuff with a heel tab that provides extra comfort and protection to the Achilles tendon.





****	201.0115	
CODE	COLOUR	SIZE
YTOEWTBELLARINABLK	BLACK	XS−L 🖺
YTOEWTBELLARINACHARC	CHARCOAL	XS−M 🖺
YTOEWTBELLARINAECHO	GREY/PINK	S-M Ĉ
YTOEWTBELLARINAHPURP	HEATHER	S-M Ĉ
YTOEWTBELLARINANAVY	NAVY BLUE	S-M 🖺
YTOEWTBELLARINAOAT	OATMEAL	S-M 🖺
YTOEWTBELLARINASTAT	BLACK/WHITE	S−M 🖺



FULL TOE BELLARINA TEC

Built right into our Full Toe Bellarina Tec grip sock, you'll enjoy all the benefits of our 5-toe design along with the next-level sweat-wicking and antimicrobial properties ToeSox Tec provides.





CODE	COLOUR	SIZE	
YTOEWTBELLARINATEVOL	BLACK	S-M	Ф

FULL TOE ELLE

Beckon your inner ballerina with styles that is on pointe with the ToeSox Elle. Complete with criss-cross elastic design which help to keep these grip socks secure to your feet.





CODE	COLOUR	SIZE
YTOEWTELLENUDE	BALLET NUDE	S-M 🖺
YTOEWTELLEPINK	BALLET PINK	S-M 🖺
YTOEWTELLEBLACK	BLACK	S-M 🖺
YTOEWTELLEGREY	CHARCOAL	S−M 🛗
YTOEWTELLETEVOLVE	BLACK	S-M 🛗
YTOEWTELLENAKED	NAKED	S-M 🖺
YTOEWTELLENATURAL	NATURAL	S-M 🖺

FULL TOE LOW RISE

These low rise profile grip socks hug your foot below the ankle and feature the ToeSox patented non-slip sole for secure footing on any surface.





CODE	COLOUR	SIZE
YTOEWTLRBLK	BLACK	XS-XL 🖺
YTOEWTLRCHAR	CHARCOAL	S-XL 🖺
YTOEWTLRECHO	GREY/PINK	S-M 🖺
YTOEWTLRH	HEATHER GREY	S–XL 🖺
YTOEWTLRHPURP	HEATHER PURPLE	S-M 🖺
YTOEWTLRNAVY	NAVY	S-M 🖺
YTOEWTLROAT	OATMEAL	S-M 🖺
YTOEWTLRSTAT	BLACK/WHITE	S-M 🖺

toesox

FULL TOE LOW RISE TEC

You've got this workout. No sweat. Literally. Because with the cutting-edge $technology\ behind\ our\ Toe Sox\ Tec, you\ get\ to\ stay\ cooler, more\ comfortable,$ and fresher than ever before.



CODE	

CODE	COLOUR	SIZE	
YTOEWTLRTEVOLVE	BLACK	S-M	Ф

FULL TOE LUNA

Sheer luxury, these Luna grip socks by ToeSox feature a mesh top panel to feel barely there as you move through your chosen exercise activity.



CODE	COLOUR	SIZE	
YTOEWTLUNABLACK	BLACK	S-M	Ф

FULL TOE MIA

Ballet inspired Mia feels barely there and features ToeSox patented nonslip sole for secure footing on any surface.



CODE	COLOUR	SIZE
YTOEWTMIABLK	BLACK	S-M

TOESOX HALF-TOE

HALF TOE ANKLE

It's like you're bare foot...but even better. These ToeSox ankle grip socks are ideal for all barefoot activities like Pilates, yoga, dance, barre, and martial arts. Stick To Your Practice!





CODE	COLOUR	SIZE
YTOENTABLK	BLACK	XS-XL 🖺
YTOENTAHEATHERGRY	HEATHER GREY	S-XL 🖺

HALF TOE BELLARINA

Bellarina has everything you need in a barre grip sock. Bellarina struts her stuff with a heel tab that provides extra comfort and protection to the Achilles tendon.





CODE	COLOUR	SIZE
YTOENTBELLARINABLK	BLACK	XS-L 🖺
YTOENTBELLARINACHARC	CHARCOAL	S−M 🖺
YTOENTBELLARINAECHO	GREY/PINK	S−M 🖺
YTOENTBELLARINAHPURP	HEATHER PURPLE	S−M 🖺
YTOENTBELLARINANAVY	NAVY BLUE	S−M 🖺
YTOENTBELLARINAOAT	OATMEAL	S−M 🖺
YTOENTBELLARINASTAT	BLACK/WHITE	S−M 🖺

HALF TOE BELLARINA TEC

You've got this workout. No sweat. Literally. Because with the cutting-edge technology behind our ToeSox Tec, you get to stay cooler, more comfortable, and fresher than ever before.



CODE	COLOUR	SIZE
YTOENTBELLARINAEVOLV	BLACK	S−M 🖺

HALF TOE ELLE

Complete with criss-cross elastic design which keep these grip socks secure.





CODE	COLOUR	SIZE
YTOENTELLEPINK	BALLET PINK	S-M 🖺
YTOENTELLEBLACK	BLACK	s–m 🖺
YTOENTELLEGREY	CHARCOAL	S-M 🖺
YTOENTELLENATURAL	NATURAL	S-M 🖺
YTOENTELLENUDE	NUDE	S-M 🖺

HALF TOE LOW RISE

These low rise profile grip socks hug your foot below the ankle and feature the ToeSox patented non-slip sole for secure footing on any surface.





CODE	COLOUR	SIZE
YTOENTLRBLK	BLACK	XS-XL 🖺
YTOENTLRCHAR	CHARCOAL	S–XL 🖺
YTOENTLRECHO	GREY/PINK	S-M 🖺
YTOENTLRHPURP	HEATHER PURPLE	S-M 🖺
YTOENTLRNAVY	NAVY BLUE	S-M 🖺
YTOENTLROAT	OATMEAL	S-M 🖺
YTOENTLRSTAT	BLACK/WHITE	S-M 🖺

HALF TOE LUNA

These Luna grip socks by ToeSox feature a mesh top panel to feel barely there.





CODE	COLOUR	SIZE
YTOENTLUNABLACK	BLACK	S-M

HALF TOE MIA

Mia features ToeSox patented nonslip sole for secure footing on any surface.





CODE	COLOUR	SIZE	
YTOENTMIABLK	BLACK	S-M	

TOESOX LEGWARMERS

Step into style and warmth with our Lea Warmers collection by ToeSox

KNEE HIGH DANCE SOCKS

Heat up your practice and style. ToeSox leg warmers are the hottest way to ready muscles for peak performance.





CODE	COLOUR	SIZE	
YTOELEGWARMERBLK	BLACK	KNEE HIGH	₾
YTOELEGWARMERGR	CHARCOAL	KNEE HIGH	Ô

THIGH HIGH DANCE SOCKS

The same stylish and functional open-end design as the Knee High Dance Socks, but with Thigh High length.





CODE	COLOUR	SIZE	
YTOETHIGHWARMERBLK	BLACK	THIGH HIGH	£
YTOETHIGHWARMERGREY	GREY	THIGH HIGH	l _t

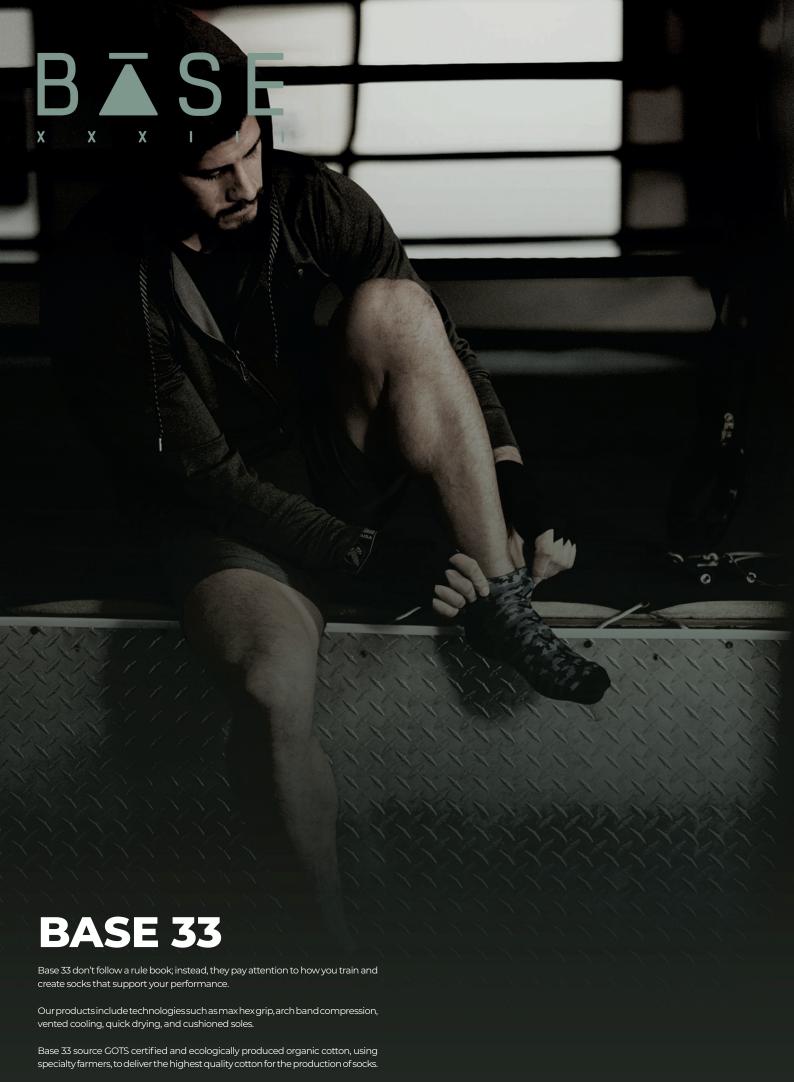
TOESOX GLOVES

The grip on the palms of the gloves provide the perfect accessory for yoga and

TRAINING GRIP GLOVES

Stick to your practice with these Grip Gloves by ToeSox. The safe solution for activities where hands can slip or slide. Perfect for Yoga, Pilates, Spinning and when traveling without a mat.







BASE 33

BASE 33 GRIP SOCKS

These specialised socks feature non-slip grips on the soles, providing stability and preventing slips during your workouts.

CREW GRIP SOCKS

Designed and tested for your active life, Base 33 performance crew grip socks with non slip hex grip soles are the perfect fit for yoga, pilates, lifting and martial arts



CODE	COLOUR	SIZE
YTBASECREWBLACK	BLACK	S-XL
YTBASECREWGREY	GREY	M-XL
YTBASECREWNAVY	NAVY	S-XL
YTBASECREWSLATE	SLATE	M-XL

LOW RISE GRIP SOCKS

With unparalleled attention to detail, Base 33 has put focus on strategic venting to keep your feet cool in the right places, a perfect fit for no distractions, and a comfort toe box.



CODE	COLOUR	SIZE
YTBASELRBLACK	BLACK	S–XL 🖺
YTBASELRCHARCOAL	CHARCOAL	M−XL 🖺
YTBASELRGREY	GREY	S–XL 🖺
YTBASELRNAVY	NAVY	M−XL 🖺
YTBASELRSLATE	SLATE	M−XL 🖺



BASE 33 SPORTS SOCKS

Whether you're hitting the track, the court, or the gym, our sports socks offer moisture-wicking properties, cushioning, and a secure fit to help you perform at your best

CREW SPORTS SOCKS

Base 33 performance crew sport socks with quick drying yarn and vented tops and sides are the ultimate match for running, training, cycling and more.



CODE	COLOUR	SIZE	
YTBASESPORTCREWBLACK	BLACK	S-XL	Ì

LOW RISE SPORTS SOCKS

The same Sports Sock performance, but featuring a low rise.



NO SHOW SPORTS SOCKS

An invisible finish with the same Sports Sock performance.



CODE	COLOUR	SIZE
YTBASENOSHOWBLACK	BLACK	S–XL 🖺

BASE 33 GLOVES

The perfect accessory to improve safety and performance in your workout.

GRIP GLOVES

For workouts, training, Pilates, barre, yoga and more — providing extra grip.



CODE	COLOUR	SIZE
YTBASEGLOVEBLK	BLACK	S-L É
YTBASEGLOVEBLK	BLACK	XL É



VOORAY.

VOORAY

NAOMI TOTE

Head to the farmer's market or the studio with the Naomi Tote.

BAGS

Fitness, meet fashion. Vooray bags are here for you — duffels, backpacks, totes & accessories for your next workout session.



ACTIVE FANNY PACK

A sleek, performance-driven waist pack for running, biking, hiking, and more.





CODE	COLOUR	DIMENSIONS	
V01622JTB	BLACK	33CM (W) × 13CM (H) × 1CM (D)	Ô



QUINN BELT BAG

The Quinn is perfect for wearing across your body or around your hips.





CODE	COLOUR	DIMENSIONS	CAPACITY
V04722DSK	PURPLE	42CM (W) × 23CM (H) × 28CM (D)	0.9 LITRE



CODE	COLOUR	DIMENSIONS	CAPACITY
V02522QLB	BLACK	32CM (W) × 43CM (H) × 18CM (D)	24 LITRE



ALANA DUFFEL

Balances performance and style with durable and beautiful structure.



EF-SUCEYE	





NEW!

CORE CROSSBODY

Perfect for holding your phone, wallet, and keys.





CODE	COLOUR	DIMENSIONS	CAPACITY
V01522FOS	GREY	20CM (W) × 58CM (H) × 58CM (D)	1 LITRE
V01522MBK	BLACK	20CM (W) × 58CM (H) × 58CM (D)	1 LITRE
V01522QLB	BLACK	20CM (W) × 58CM (H) × 58CM (D)	1 LITRE

BOOST DUFFEL

A large shoe pocket and extended wet-gear pocket offer more space for gear.



CODE

	COLOUR	DIMENSIONS	CAPA
1BK	BLACK	43CM (W) × 23CM (H) × 23CM (D)	32 LIT



NEW!

FLEX CINCH BACKPACK

The Flex's versatile design makes it effective in the gym or the beach.



CODE	COLOUR	DIMENSIONS	CAPACITY
V01322BCF	BLACK	44CM (W) X 31CM (H) × 18CM (D)	23 LITRE
V01322DKY	PURPLE	44CM (W) X 31CM (H) × 18CM (D)	23 LITRE
V01322FR7	GREEN	44CM (W) X 31CM (H) × 18CM (D)	23 LITRE 1

BURNER GYM DUFFEL

This sports bag has room for everything you need to rock your workout.



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355	
回激发移的	

DIMENSION	ıs		

CODE	COLOUR	DIMENSIONS	CAPACITY
V10122DKY	PURPLE	39CM (W) × 24CM (H) × 24CM (D)	23 LITRE
V10122FOR	GREEN	39CM (W) × 24CM (H) × 24CM (D)	23 LITRE
V10122FOS	GREY	39CM (W) × 24CM (H) × 24CM (D)	23 LITRE
V10122MNJ	GREY	39CM (W) × 24CM (H) × 24CM (D)	23 LITRE









HIT 750 NATURAL SHUTTLECOCK

Natural shuttlecock for more lively flight characteristics.





79086

M(12)

BADMINTON

TALBOT-

TORRO

Browse through range of rackets, badminton sets, speed badminton, shuttlecocks, and nets!

ELI BADMINTON RACKET

The ELI series by Talbot-Torro has a drop-shaped head that shifts the sweet spot to the upper end of the club head.





CODE	COLOUR	DIMENSIONS	DETAILS
M419612	YELLOW/RED	53CM (L) × 20.5CM (W) × 3CM (H)	ELI MINI 📋
M419614	YELLOW/GREEN	63CM (L) × 20CM (W) × 3CM (H)	ELITEEN 🖺

MAGIC NIGHT LED SHUTTLECOCK

The robust plastic shuttlecocks have a switch for the LED lighting on the inside.





CODE	COLOUR	QUANTITY	
M479123	GREEN & RED	3 PACK	<u> </u>

FIGHTER PLUS BADMINTON RACKET

The Fighter Plus racket is the well-known leisure model made of hardened steel with a light aluminum head and is therefore 20g lighter than a steel-steel racket like the Attacker.





CODE	COLOUR	DIMENSIONS	
M429808	BLUE	66.5CM (L) × 19.8CM (W) × 3CM (H)	₾

BADMINTON SET

"2 MAGIC NIGHT"

With this set you can now play badminton at night too!







TECH SHUTTLECOCKS

The Tech Shuttlecocks are durable nylon with a base made of synthetic cork.





CODE	COLOUR	QUANTITY	DETAILS	
M479103	YELLOW/BLUE	3 PACK	TECH 350	Ô
M479111	YELLOW/RED	3 PACK	TECH 350	Ô
M479102	WHITE/BLUE	6 PACK	TECH 350	₾
M469182	WHITE/BLUE	6 PACK	TECH 450	₾
M469183	YELLOW/BLUE	6 PACK	TECH 450	r

SPEED 4400

BADMINTON RACKET & BALL SET

The set comes with a 3-piece can of balls in a trendy sling bag.





 CODE

 M490114
 □

ELI SHUTTLECOCKS

Robust, durable nylon shuttlecock for school sports and training/playing with children and adolescents.





CODE	QUANTITY	
M/69792	6 DACK	ıΦı

SPEED BADMINTON SET SPEED 5500

LED

A compact badminton experience with shorter rackets and a 5-ball pack.



 CODE

 M490118
 ₾









DONIC-SCHILDKRÖT

PADDLES

Engineered for control spin and unbeatable performance

CARBOTEC

TABLE TENNIS PADDLES

The CarboTec racket series is once again positioning itself as a pioneering innovation leader: instead of wood, the blade and handle are made of high-quality carbon for the first time, which is significantly stronger and more torsionally rigid than conventional constructions based on wood.





CODE	DETAILS	
M758219	CARBOTEC 900	<u> </u>
M758221	CARBOTEC 7000	Ů

LEGENDS FSC

TABLE TENNIS PADDLES

The "Legends 1000 FSC" combines numerous technologies and exclusive features and is an absolute premium racket for the demanding player with skill levels ranging from the ambitious recreational player to the transition to competitive sport.

SENSATION

TABLE TENNIS PADDLES

The "Sensation 600 ASG" from Donic-Schildkröt is a racket with a very high quality finish, which is equipped with the non-slip "Anti Shock Grip" (ASG). The soft and very durable foam cover absorbs sweat and ensures excellent grip and more comfort.





CODE	DETAILS	
M724402	SENSATION 600	凸

PERSSON

TABLE TENNIS PADDLES

The "Persson 500" table tennis bat from Donic-Schildkröt is suitable for recreational use and school sports, from beginners to committed recreational players.















CHAMPS LINE

TABLE TENNIS PADDLES

The new "Champs Line" from Donic-Schildkröt impresses with its cool and trendy handle design and high-quality, concave wooden handles that fit perfectly in the hand.



CODE	DETAILS	
M705116	CHAMPS LINE 150	Ô
M705122	CHAMPS LINE 200	Ĥ
M705132	CHAMPS LINE 300	<u> </u>

BALLS

The right selection of materials for a perfect interaction between ball and bat in able tennis.

1-STAR ELITE BALL

The Elite 1-Star plastic table tennis ball for advanced recreational games.





CODE	COLOUR	QUANTITY	
M608318	ORANGE	3 PACK	凸
M608310	WHITE	3 PACK	Ĥ
M608511	ORANGE/WHITE	6 PACK	Ĥ

3-STAR CHAMPION ITTF BALL

The only legitimate successor to the famous "Schildkröt 3-Star Super".



PROTECTION LINE

TABLE TENNIS PADDLES

Special, wider edge tapes extend to the edge of the surface and thus optimally protect the racket against the plucking of the surface, which is widespread in public areas. Or against unintentional damage to the base and sponge.



CODE	DETAILS	
M703054	PROTECTION LINE S300	Ô
M703055	PROTECTION LINE \$400	Ů
M713055	PROTECTION LINE S500	ů

3-STAR AVANTGARDE BALL

Avantgarde 3-Star plastic table tennis ball for advanced leisure games.



CODE	COLOUR	QUANTITY	
M608338	ORANGE	3 PACK	Ô
M608533	ORANGE/WHITE	6 PACK	Ô
M608334	WHITE	3 PACK	Ô

ALLTEC HOBBY

TABLE TENNIS PADDLES

With the Alltec Hobby table tennis bat, Donic-Schildkröt presents a new, innovative outdoor bat made from a 2-component plastic. A hard, torsion-resistant core made of dark gray plastic plus a second, sprayed-on, soft, non-slip (rubber-like) plastic for grip, secure grip, spin, acceleration, etc.



CODE	
M733014	Ô

JADE POLY 40+ SPARE TIME BALL

The "Jade" gives a lot of performance for little money.







CODE	COLOUR	QUANTITY	DETAILS	
M618371	WHITE	6 PACK	BOXED	₾
M618045	ORANGE/WHITE	12 PACK	BOXED	₾
M608501	WHITE	144 PCS	IN CARRY BAG	Ĥ

1-T ONE POLY 40+ TRAINING BALL BOX

This new variant of the 1T, the 1T Poly 40+, is now celluloid-free.







CODE	QUANTITY	
M608522	120 PCS	血







FLEXNET

TABLE TENNIS NET

The new Flexnet from Donic Schildkröt is an absolutely new and innovative table tennis net. A special roll-up or roll-out mechanism with a strong spring, integrated into the two plastic posts, enables this net to be set up steplessly on practically any table up to a maximum table width of 175cm.





TEAM

TABLE TENNIS NET

Inexpensive table tennis net set in reasonable leisure quality. Robust metal construction with foldable posts. The net is made of robust, durable and weatherproof nylon material. The net can be tensioned by means of a threaded cord.





es, balls, and a complete game experience.

APPELGREN 300

PADDLE & BALLS SET

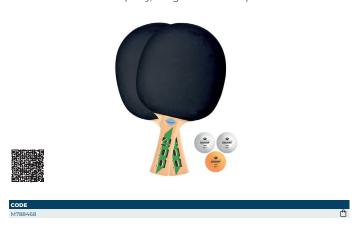
This table tennis set Level 300 from Schildkröt is the ideal complete set for hobby, school, or leisure!



FETZNER 400 FSC

PADDLE & BALLS SET

The Speedy Fetzner 400 set from Donic-Schildkröt is a valuable table tennis set in a reasonable leisure quality, also great for school sports.



STREET RACKET SET

Street Racket is the new racket/setback sport, developed in Switzerland, which can be played practically anytime and anywhere without complex infrastructure. Simply draw a court with the lying chalk, e.g. on the playground or parking lot and off you go.











SCHILDKRÖT FUNSPORTS

BEACH & GARDEN

A range of beach, garden, and outdoor activities for everyone in the family.

EGG & SPOON RACE SET

The new game from Schildkröt contains 5 spoons in different colours and 5 eggs that 'break and leak' when they fall.



FUN BOCCIA SET

Fun Boccia Set includes eight plastic balls each 7.25cm in diameter, 1 small target ball, in a high-quality premium black nylon transparent-front carry zipper bag with carrying handle.



ROUND NET SET

Pure speed badminton: The new speed badminton set from Schildkröt comes with a can of 3 balls and in a practical bag with carrying strap.



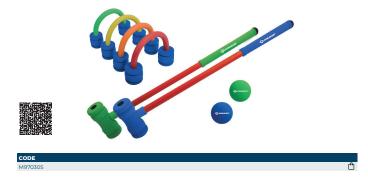
SCOOP BALL

Game of skill with variable throw and catch technique! Consisting of 2 scoop ball bats in yellow and red and 2 whiffle balls.



SOFT CROQUET SET

The Soft Croquet Set is made of safe and soft foam material and thus allows even smaller children access to this popular game.



SOFTBALLS

3 softballs (red, yellow & blue) made of PU foam with Schildkröt logo.



FOLDING BUCKET

Foldable and space-saving beach and play bucket made of plastic with rubberised folding insert and carrying strap.









OGO SPORT® SET

NEOPRENE BEACH SOCCER BALL #5

The Ogo Sport® classic and best seller in red and yellow! 2 Ogo discs with foam

frame, 29cm in diameter, and an elastic net.



Have hours of fun with the family at the beach with this saltwater resistant ball.

NEOPRENE AMERICAN FOOTBALL #6

The popular Schildkröt neoprene balls impress with their textile and soft surface, which causes significantly less skin irritation compared to leather.



NEOPRENE BEACH VOLLEYBALL #5

The beach volleyball premium comes with an innovative textile surface and a catchy silicone print.



NEOPRENE BASEBALL SET

Neoprene Baseball Set from Schildkröt contains 1 baseball bat weighing 200g with neoprene cover and 1 soft baseball. Great for the beach and outdoors!



NEOPRENE MINI-BEACH VOLLEYBALL #2

The neoprene mini beach volleyball causes significantly less skin irritation than, for example, artificial leather balls - making it ideal for children and families.



NEOPRENE BEACH BALL SET OCEAN

The Neoprene beachball set consists of 2 bats with a patterned print and 2 rubber balls in a resealable mesh bag with drawstring.



NEOPRENE VELCRO BALL SET

2 soft and grippy neoprene Velcro hand catchers with width adjustable hand strap. The Velcro surface is firmly quilted with the neoprene.



= PACKAGED FOR RETAIL SALE







NEOPRENE WATER BOUNCERS

Silicone-filled neoprene cushions are thrown as flat as possible over the water, which then bounce on the surface several times.







CODE

NEOPRENE RING

The neoprene throwing ring combines great flight characteristics with a low risk of injury.



M970351

NEOPRENE DIVE KIT

The 6-piece neoprene diving set has been a bestseller among the diving articles available on the market for years.



CODE

NEOPRENE SKITTLES

The very popular neoprene skittle set from Schildkröt in a new design is a playful introduction to skittles.



NEW!

NEOPRENE DIVING BALLS

Teaching children to become better swimmers needs to be safe and fun. The bright colours allows the balls to be seen clearly in the water.



CODE QUANTITY

ROCKET DIVERS

The five colorful mini rockets are clearly visible in the water and glide up to 6 meters under water due to the aquadynamic design.



NEW!

NEOPRENE DIVING RINGS

Thanks to an additional foam insert, the rings stand upright under water and are therefore easy for children to dive in and grab.



 CODE
 QUANTITY

 M970326
 3 PACK

OCTO BUDDIES

Experience ultimate fun in the water with the Schildkröt Octo Buddies set consisting of two coloured octopuses! Simply squeeze them together, soak up the water, then throw them and let them splash.



M970261 SET OF 2







NEW!

RACKET GAMES

Rackets, balls, and accessories for thrilling matches and endless fun

WATER SQUEEZIES

Enjoy the ultimate water fun with the Schildkröt Water Squeezies. A set of 3 fun water bombs in the shape of colourful puffer fish! Dip them in, squeeze them together and off they go!



M970262 SET OF 2

FOLDING FOOTBALL GOAL

The folding football goal can be easily set up and dismantled just as quickly. The innovative folding technology makes it easy to store and save space.



 CODE
 DIMENSIONS

 M970987
 90CM (L) × 60CM (W) × 60CM (H)

POP UP GOALS

SET OF 2

The new Pop-Up Goal from Schildkröt is always just right when you or your kids feel like a spontaneous match.



BADMINTON SET COMPACT

The Compact badminton set is the innovative complete badminton set for 2 players consisting of 2 rackets, 2 shuttlecocks, innovative net with robust plastic Telescopic post, all packed in a practical plastic case.



JAZZMINTON SET

Set of two bats with anti-slip and comfortable soft grip and 3 birdies. The set can be played as far as 1.5m to 10m apart, making it suitable to be played in any location indoor or outdoor, without net and field markings.











GARDEN NINJA

Spark adventure, from ziplines to tree-climbing tools.

CLIMBING HOLDS SET

Learning how to use climbing walls is great for improving concentration, flexibility, balance, and strength.



 CODE
 €

 M970720
 €

JUNGLE LINE STARTER SET

The set includes 2 gymnastic rings, 2 monkey swings, 3 monkey fists.



JUNGLE LINE CLIMBING ROPE

This weatherproof Jungle Line Climbing Rope can be attached to the Jungle Line or swing frames with the galvanised safety carabiner included.



 CODE

 M970712
 ₾

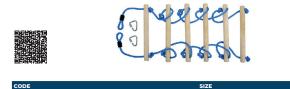
JUNGLE LINE RINGS

These additional obstacles for the Jungle Line are easy to grip making them suitable for beginners.



JUNGLE LINE ROPE LADDER

The robust Jungle Line rope ladder can be attached to the Jungle Line or a standard swing frame with two safety carabiners.



JUNGLE LINE SLACKLINE

Slacklining promotes balance, co-ordination, posture and endurance.



JUNGLE LINE SPINNER WHEEL

The powder-coated Jungle Spinning Wheel with integrated ball bearing brings even more fun and training to the Jungle Line as an additional obstacle.



SLACKERS EAGLE ZIPLINE SET

30M

The Slackers Zipline can be set up to a maximum of 30 meters between two healthy trees (with at least 30 cm diameter) or other posts or similar.



TREE PROTECTOR KIT

The Slackers Tree Protector kit protects the bark and the slackline from abrasion. The kit can be used for Slacklines, Ninja-Lines, but also for Ziplines.





Over the years the product range has continuously expanded to cover a range of archery and shooting fun products from entry level toys, through to a wide range of leisure products, and up to top end elite equipment.

The Sureshot and Stealth ranges of safe sucker dart products are ideal for young children and adults alike to enjoy the thrill of shooting.



PETRON



Archery and shooting toys for young childrer



SURESHOT ARCHERY SET

Shooting through the centre of the bow handle makes it very easy to shoot. Equally suited for shooting indoors and outdoors.





SURESHOT CROSS BOW

It looks and feels like a real Crossbow, but shoots super safe Sureshot sucker darts. Ideal for the younger shooters but quite at home with all generations.



PSS-162-1	CROSS BOW ONLY	Ô
PSS-162-1C	CROSS BOW/TARGET/6 DARTS	₾

NEW!

SURESHOT HAND BOW

Equally suited for shooting indoors and outdoors. It is made from very strong plastic with a spring steel prod, yet it is lightweight.



PSS-162-4C



CODE	DETAILS	
PSS-162-2	HAND BOW ONLY	₾
PSS-162-2C	HAND BOW/TARGET/6 DARTS	₾

NEW!

SURESHOT PISTOL

The safety trigger ensures the pistol can only shoot with a Petron sucker dart.



PISTOL/TARGET/6 DARTS

SURESHOT RIFLE

With a front and rear sight, this Rifle is remarkably accurate. Made from very strong plastic.





SURESHOT BLOWPIPE

The Petron Sureshot Blowpipe is perfect for either indoor or outdoor use.



NEW! SURESHOT SPARE ARROWS

A pack of 3 spare Sureshot sucker arrows. Suitable for the Sureshot Archery Set.





SURESHOT SPARE SUCKER DARTS

A pack of 6 spare Petron Sureshot sucker darts.



CODE	QUANTITY	
PSS-162-7	6	Ô



TARGET

Wall hanging, and integral fold out legs for standing on any flat surface.



CODE	DETAILS	
PSS-162-T	SURESHOT	Û
PST-S162-T	STEALTH	ф





NEW!

STEALTH ARCHERY SET

The Stealth Archery Set follows the success of the Sureshot Archery Set, but offers extra power and accuracy.







STEALTH CROSS BOW

Looks and feels like a real crossbow, but shoots sucker darts. Features front and rear sights for accurate aiming.







STEALTH HAND BOW

Designed like a real Handbow, but shoots sucker darts. Features front and rear sights for accurate aiming.





NEW!

STEALTH PISTOL

Made from very strong plastic, the Pistol is lightweight and equally suited for shooting indoors and outdoors.







STEALTH RIFLE

Shooting the super safe sucker dart, it is great fun for all the family.





NEW!

STEALTH SPARE ARROWS

A pack of 3 spare Stealth Sucker arrows. Suitable for the Stealth Archery Set.





NEW!

STEALTH SPARE SUCKER DARTS

A pack of 6 spare Stealth sucker darts.





CODE





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